

Betty Lou Boogie

Compte: 48

Mur: 4

Niveau: Improver

Chorégraphe: Anita McNab (CAN)

Musique: Cotton Eyed Joe - Scatman John



RIGHT HEEL FORWARD, HOME, LEFT HEEL FORWARD, HOME, 2 HEEL SPLITS

- 1-4 Tap right heel forward, step home, tap left heel forward, step home (feet together)
5-8 Both heels out to sides, home, both heels out to sides, home

RIGHT HEEL FORWARD, HOME, LEFT HEEL FORWARD, HOME, 2 HEEL SPLITS

- 9-12 Tap right heel forward, step home, tap left heel forward, step home (feet together)
13-16 Both heels out to sides, home, both heels out to sides, home

GRAPEVINE RIGHT, TWIST LEFT, RIGHT, LEFT, RIGHT (DO THE TWIST)

- 17-20 Step side right, left behind, side right, touch left toe forward on angle
21-24 Do the twist, heels going left, right, left, right (weight on right)

GRAPEVINE LEFT, TWIST RIGHT, LEFT, RIGHT (DO THE TWIST)

- 25-28 Step side left, right behind, side left, touch right toe forward on angle
29-32 Do the twist, going right, left, right, left (weight on left)

ANGLE FORWARD RIGHT, TOUCH LEFT, FORWARD LEFT, TOUCH RIGHT, FORWARD RIGHT TOUCH LEFT, FORWARD LEFT, TOUCH RIGHT

- 33-36 Forward right on angle, touch left beside, forward left on angle, touch right beside
37-40 Forward right on angle, touch left beside, forward left on angle, touch right beside

When doing these steps, you knees will point inwards on the touches

WALK BACK RIGHT, LEFT, RIGHT, TOUCH LEFT

- 41-44 Walk back starting on right, left, right, touch left beside right

GRAPEVINE LEFT (OR ROLLING VINE) WITH A ¼ TURN TO LEFT, TOUCH RIGHT BESIDE LEFT

- 45-46 Step side left onto left, right behind left
47-48 Step ¼ turn to left, onto left, touch right beside left

REPEAT
