

# Betty Lou Boogie

**Compte:** 48

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** Anita McNab (CAN)

**Musique:** Cotton Eyed Joe - Scatman John



---

## **RIGHT HEEL FORWARD, HOME, LEFT HEEL FORWARD, HOME, 2 HEEL SPLITS**

- 1-4 Tap right heel forward, step home, tap left heel forward, step home (feet together)  
5-8 Both heels out to sides, home, both heels out to sides, home

## **RIGHT HEEL FORWARD, HOME, LEFT HEEL FORWARD, HOME, 2 HEEL SPLITS**

- 9-12 Tap right heel forward, step home, tap left heel forward, step home (feet together)  
13-16 Both heels out to sides, home, both heels out to sides, home

## **GRAPEVINE RIGHT, TWIST LEFT, RIGHT, LEFT, RIGHT (DO THE TWIST)**

- 17-20 Step side right, left behind, side right, touch left toe forward on angle  
21-24 Do the twist, heels going left, right, left, right (weight on right)

## **GRAPEVINE LEFT, TWIST RIGHT, LEFT, RIGHT (DO THE TWIST)**

- 25-28 Step side left, right behind, side left, touch right toe forward on angle  
29-32 Do the twist, going right, left, right, left (weight on left)

## **ANGLE FORWARD RIGHT, TOUCH LEFT, FORWARD LEFT, TOUCH RIGHT, FORWARD RIGHT TOUCH LEFT, FORWARD LEFT, TOUCH RIGHT**

- 33-36 Forward right on angle, touch left beside, forward left on angle, touch right beside  
37-40 Forward right on angle, touch left beside, forward left on angle, touch right beside

**When doing these steps, you knees will point inwards on the touches**

## **WALK BACK RIGHT, LEFT, RIGHT, TOUCH LEFT**

- 41-44 Walk back starting on right, left, right, touch left beside right

## **GRAPEVINE LEFT (OR ROLLING VINE) WITH A ¼ TURN TO LEFT, TOUCH RIGHT BESIDE LEFT**

- 45-46 Step side left onto left, right behind left  
47-48 Step ¼ turn to left, onto left, touch right beside left

**REPEAT**

---