

Best Of My Love

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Louis James Sequeira (SG)

Musique: Best of My Love - The Emotions



CROSS ROCK RECOVER, SIDE SHUFFLE TO RIGHT, BACK CROSS ROCK RECOVER, SIDE SHUFFLE TO LEFT

- 1-2 Step right across left and rock diagonally forward, recover weight on left
3&4 Side shuffle right - step side right, close left beside right, step side right
5-6 Back rock on left with left cross behind right, recover on right
7&8 Side shuffle to left - step side left, close right beside left, step side left

SHOOP SHOOP

- 1-4 Step right forward to right diagonal, step left close to right, step right foot forward to right diagonal, touch left beside right & clap hands (optional) (with both arms locked to waist at $\frac{1}{4}$ turn, hands into fists, swing arms and fist when executing diagonal)
5-8 Step left forward to left diagonal, step right close to left, step left foot forward to left diagonal, touch right beside left & clap hands (optional) (with both arms locked to waist at $\frac{1}{4}$ turn, hands into fists, swing arms and fist when executing diagonal)

FULL TURN RIGHT, TOUCH CLAP, FULL TURN LEFT, TOUCH CLAP

- 1-4 Full turn to right - stepping right-left-right, touch left next to right & clap
5-8 Full turn to left-stepping left-right-left, touch right next to left & clap

PIVOT QUARTER LEFT TURN, RIGHT KICK BALL CHANGES WALK WALK

- 1-2 Pivot $\frac{1}{4}$ turn to the left -step right forward, quarter left turn transferring weight onto left
3&4 Kick right forward, step right beside left, step left in place
5&6 Kick right forward, step right beside left, step left in place
7-8 Step right forward, step left forward

REPEAT
