

# Bend Of The Millennium

**Compte:** 60

**Mur:** 1

**Niveau:** Intermediate

**Chorégraphe:** Rey Kleinsasser (USA)

**Musique:** Bend Me, Shape Me - The American Breed



## HIPS RIGHT-LEFT-RIGHT, LEFT-RIGHT-LEFT, PIVOT ½ LEFT, HIPS RIGHT-LEFT-RIGHT

- 1&2 Right step diagonal forward-right and bump hips right, left, right  
3&4 Left step diagonal forward-left and bump hips left, right, left  
5-6-7&8 Right step forward, ½ pivot left, repeat 1&2.(now facing 6:00 wall)

## STOMP, HOLD, STOMP, HOLD, HEEL-&-HEEL-&-HEEL, CLAP

- 1-2 Left step diagonal forward-left(a light stomp) and angle body left (not a turn), hold  
3-4 Right step diagonal forward-right(a light stomp) and angle body right (not a turn), hold  
5&6& Left heel touch forward, left step together, right heel touch forward, right step together  
7-8 Left heel touch forward, clap

**On the first and third times through the dance(the stanzas) you may double-clap on &2, &4, and &8 in place of the holds on 2 and 4 and the single clap on 8 to better flow with the music. On the second and fourth times through, the holds on 2 and 4 can be wild cards(be creative-body roll, heel pump, etc.)**

## HIPS, PIVOT ½ RIGHT, HIPS, (STOMP, HOLD) TWICE, HEEL SWITCHES, CLAP

- 1-16 Repeat the first 16 count above in mirror image (all steps on opposite side, starting left) (now at 12:00)

## VINE RIGHT, ½ TURN RIGHT, STOMP

- 1-3 Right step out to side, left step across in back, right step into ¼ right turn  
4 Left stomp into ¼ right turn and snap fingers downward. (now at 6:00)

## SIDE, CLAP-&-SIDE, CLAP-&-(POINTS)RIGHT-&-LEFT-&-RIGHT-&-LEFT-&

- 1-2&3-4& Right step out to side, hold and clap, left step together, repeat  
5&6&7&8& Right touch out to side, right step together, left touch out to side, left step together, repeat

## RIGHT HEEL PUMP X4, RIGHT MONTEREY ½ TURN

- 1&2&3&4& Right heel touch together, right heel lift, repeat 3x  
5-6 Right touch out to side(some weight so you can push), ½ right turn on ball of left and step right beside left  
7-8 Left touch out to side, left step together

## RIGHT HIPS X4, HEEL-&-CROSS-&-HEEL, KICK

- 1& Right step together and bump hips right, return hips to center  
2&3&4 Repeat hip bumps (1&) 2x, bump hips right  
5&6&7 Left heel touch across in front, left step together, right step across in front, left step out to side, right heel touch across in front  
8 Right kick diagonal forward-right and snap fingers head high

## REPEAT