

# Body Soul & Heart

**COPPERKNOB**  
STEPSHEETS

**Compte:** 32

**Mur:** 2

**Niveau:** Improver

**Chorégraphe:** Janet Jolliffe (USA)

**Musique:** Body, Soul and Heart - Cherie



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- 1-2 Rock forward on right, recover weight back to left  
3-4 Step back on right, hook left over right with left toes touching floor  
5 Step forward on left  
6&7 Triple forward stepping right, left, right
- 8-1 Step forward on left, pivot ½ turn to the right  
2-3 Step forward on left, touch right toes beside left  
4&5 Triple forward right, left, right  
6&7 Triple forward left, right, left
- 8&1 Mambo forward on right, recover weight to left, step back on left  
2&3 Mambo back on left, recover weight to right, point left toes to left side  
4-5 Point left toes to front, touch left toes to left side  
6-7 Step left beside right, kick right to front
- 8&1 Coaster step back right, left, forward on right  
2-3 Step forward on left, pivot ½ turn to the right  
4-5 Step forward on left, touch right beside left  
6-7 Step forward on right, pivot ½ turn to the left  
8 Kick right forward low on floor

**REPEAT**

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