

Blue-Zzzy

Compte: 64

Mur: 2

Niveau: Improver

Chorégraphe: Deb Crew (CAN) & Knox Rhine (USA)

Musique: Poor Me (Radio Remix) - Joe Diffie



TAP-HITCH-TAP, COASTER-STEP

- 1 Tap right heel forward
- & Hitch right knee up
- 2 Tap right heel forward
- 3 Step back on right foot
- & Quickly step left foot back beside right foot
- 4 Step forward on right foot

TAP-HITCH-TAP, COASTER-STEP

- 5 Tap left heel forward
- & Hitch left knee up
- 6 Tap left heel forward
- 7 Coaster step: step back on left foot
- & Quickly step right foot back beside left foot
- 8 Step forward on left foot

HIP SWINGS

- 9 Step right foot forward & swing hips forward
- & Swing hips back and shift weight back on to left foot
- 10 Swing hips forward and shift weight forward on to right foot
- 11 Step left foot forward & swing hips forward
- & Swing hips back and shift weight back on to right foot
- 12 Swing hips forward and shift weight forward on to left foot

ROCK-STEP, COASTER-STEP

- 13 Rock forward on right foot
- 14 Rock back in place on left foot
- 15 Coaster step: step back on right foot
- & Quickly step left foot back beside right foot
- 16 Step forward on right foot

TAP-HITCH-TAP, COASTER-STEP

- 17 Tap left heel forward
- & Hitch left knee up
- 18 Tap left heel forward
- 19 Coaster step: step back on left foot
- & Quickly step right foot back beside left foot
- 20 Step forward on left foot

TAP-HITCH-TAP, COASTER-STEP

- 21 Tap right heel forward
- & Hitch right knee up
- 22 Tap right heel forward
- 23 Coaster step: step back on right foot
- & Quickly step left foot back beside right foot
- 24 Step forward on right foot

HIP SWINGS,

- 25 Step left foot forward & swing hips forward
- & Swing hips back and shift weight back on to right foot
- 26 Swing hips forward and shift weight forward on to left foot
- 27 Step right foot forward & swing hips forward
- & Swing hips back and shift weight back on to left foot
- 28 Swing hips forward and shift weight forward on to right foot

ROCK-STEP, COASTER-STEP

- 29 Rock forward on left foot
- 30 Rock back in place on right foot
- 31 Coaster step: step back on left foot
- & Quickly step right foot back beside left foot
- 32 Step forward on left foot

SIDE, CROSS, SIDE-CROSS-SIDE

- 33 Step to right side on right foot
- 34 Cross step left foot over right foot
- 35 Step to right side on right foot
- & Cross step left foot over right foot
- 36 Step to right side on right foot

SIDE, CROSS, SIDE-CROSS-SIDE

- 37 Step to left side on left foot
- 38 Cross step right foot over left foot
- 39 Step to left side on left foot
- & Cross step right foot over left foot
- 40 Step to left side on left foot

SIDE, CROSS, SIDE-CROSS-SIDE

- 41 Step to right side on right foot
- 42 Cross step left foot over right foot
- 43 Step to right side on right foot
- & Cross step left foot over right foot
- 44 Step to right side on right foot

SIDE, CROSS, SIDE-CROSS-SIDE

- 45 Step to left side on left foot
- 46 Cross step right foot over left foot
- 47 Step to left side on left foot
- & Cross step right foot over left foot
- 48 Step to left side on left foot

CROSS-ROCK, ½ TURN LEFT,

- 49 Step across behind left leg with right foot
- 50 Rock forward onto left foot
- 51 Pivot ¼ turn left on ball of left foot, stepping right foot next to left foot
- & Pivot ¼ turn left on ball of right foot. Stepping left foot next to right foot
- 52 Place right foot next to left foot

CROSS-ROCK, ½ TURN RIGHT

- 53 Step across behind right leg with left foot
- 54 Rock forward onto right foot
- 55 Pivot ¼ turn right on ball of right foot, stepping left foot next to right foot

& Pivot $\frac{1}{4}$ turn right on ball of left foot, stepping right foot next to left foot
56 Place left foot next to right foot

WALK, WALK, SPLIT, RESET

57 Step forward with right foot
58 Step forward with left foot
& Step back onto ball of right foot
59 Touch left heel forward
& Step to center with left foot
60 Touch right toe next to left foot

WALK BACK, BACK, $\frac{1}{2}$ TURN, WALK FORWARD

61 Step back with right foot
62 Step back with left foot
& Pivot $\frac{1}{2}$ turn right on ball of left foot
63 Step forward with right foot
64 Step forward with left foot

REPEAT
