

# Blue Train

**Compte:** 48

**Mur:** 4

**Niveau:** Intermediate

**Chorégraphe:** R.J. Walker (USA)

**Musique:** Blues for Dixie - Lyle Lovett & Asleep at the Wheel



## ROCK-STEP, STEP, HOLD

- 1-2 Left rock-step to left side, right rock-step back in place  
3-4 Left step (slightly in front of right), hold

## ROCK-STEP, STEP, HOLD

- 5-6 Right rock-step to right side, left rock-step back in place  
7-8 Right step (slightly in front of left), hold

## WALK, WALK, SHUFFLE

- 1-2 Two steps forward (left-right)  
3&4 Left shuffle forward (left-right-left)

## ROCK-STEP, STEP, HOLD

- 5-6 Right rock-step forward, left rock-step back  
7-8 Right step back, hold

## STEP, CROSS, STEP, HOLD

- 1 Left step back  
2 Right step back across left (lock step feet together)  
3-4 Left step back, hold

## STEP, CROSS, STEP, HOLD

- 5 Right step back  
6 Left step back across right (lock step feet together)  
7-8 Right step back, hold

## STEP, CROSS, TURN, CLAP

- 1 Left step side (even with right foot and apart)  
2 Cross right foot over left  
3-4 ½ turn left (weight change to right foot), clap

## LEFT SHUFFLE, RIGHT SHUFFLE

- 5&6 Left shuffle (left-right-left)  
7&8 Right shuffle (right-left-right)

## LEFT MONTEREY TURN

- 1-2 Point left foot out to left side, bring left foot back in while making ½ turn left  
3-4 Right foot out to right, bring right foot back together (changing weight to the right)

## LEFT SHUFFLE, RIGHT SHUFFLE

- 5&6 Left shuffle (left-right-left)  
7&8 Right shuffle (right-left-right)

## LEFT CROSS, RIGHT TURN, RIGHT CROSS, STEP

- 1-2 Left cross over right at the ankle, right ½ turn (shifting weight to left foot)  
3-4 Right cross over left at the ankle, left step to the left

**RIGHT ¾ TURN, STEP, RIGHT SHUFFLE**

&5-6            With weight on ball of left foot, do a ¾ turn right shoulder back, finishing with a right step on 5, then left step forward

7&8            Right shuffle (right-left-right)

**REPEAT**

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