Black And White Cha Cha

Niveau: Intermediate

Chorégraphe: Terry Hogan (AUS)

Compte: 32

Musique: Livin' In Black and White - Tracy Lawrence

- 1-4 Step forward right, left, cha-cha slightly forward right-left-right
- 5-6 Step forward on left foot, hold
- 7-8 Rock backward onto right foot, hold

The "hold" steps should not be complete stops, but rather a slow continuation of the weight change from one foot to the other

- 9&10 Step backward on the ball of left foot, step right foot beside left, step forward on left (coaster step)
- 11 Step forward on right foot
- 12 Leaving left foot in place so that feet are apart, twist on balls of both feet to make 1/4 turn left
- 13 Twist on balls of both feet making 1/4 turn right taking weight onto left foot
- 14 Step backward on right foot
- 15&16 Shuffle backward and slightly left left-right-left, crossing right foot over left on "&" count
- 17&18 Shuffle backward and slightly right right-left-right, crossing left foot over right on "&" count

On last step of this shuffle keep weight forward over left foot. On both shuffles, head faces front while shoulders are angled slightly to the direction traveled

- 19-20 Step forward left, right, making a full turn left (pushing forward with right foot)
- 21&22 Shuffle forward left-right-left
- Make 1/4 turn left on ball of left foot &
- 23&24 Shuffle backward right-left-right
- 25&26 Step backward on ball of left foot, step right foot beside left making ¼ turn left, step forward on left
- 27&28 Cha-cha in place right-left-right making ³/₄ turn left
- 29-30 Step forward on left, rock backward onto right
- 31 Rock/push forward onto left foot
- &32 Rock back onto ball of right foot, step on ball of left foot beside right

REPEAT





Mur: 4