

Bowlegged Dream

COPPER **KNOB**
BY STEPHENETS

Compte: 124

Mur: 1

Niveau: Intermediate

Chorégraphe: Louise Woodcock (UK)

Musique: Back In the Saddle - Matraca Berg



VINE RIGHT TURNING HALF TURN RIGHT, WEAWE LEFT, LEFT SHUFFLE, ROCK BACK AND FORWARD

- 1-2 Step right to the right side, cross left behind right
- 3-4 Step right to the right side while making a half turn right, hop on right foot while hitching left knee
- 5-6 Step left to left side, cross right behind left
- 7-8 Step left to left side, cross right in front of left
- 9&10 Step left to left side, close right beside left, step left to left side
- 11-12 Rock right behind left, rock forward on to left
- 13-24 Repeat steps 1-12

STEP TOUCH X 4, STEP LOCK STEP HITCH RIGHT AND LEFT DIAGONAL

- 25-26 Step right side $\frac{1}{4}$ turn right, touch left beside right
- 27-28 Step left side $\frac{1}{4}$ turn right, touch right beside left
- 29-32 Repeat steps 25-28
- 33-34 Step right diagonally forward right, lock left behind right
- 35-36 Step right diagonally forward right, hop on right foot while hitching left knee turning to face left diagonal
- 37-38 Step left diagonally forward left, lock right behind left
- 39-40 Step left diagonally forward left, hop on left foot while hitching right knee turning to face right diagonal

TURN RIGHT STEPPING RIGHT. LEFT, RIGHT. LEFT TO FACE HOME WALL, 3 X KNEE POPS, HOLD, PIVOT TWICE, RIGHT HOLD LEFT HOLD, HIP ROLLS TWICE

- 41-44 Turn right to face home wall stepping right, left, right, left beside right

This is a $\frac{7}{8}$ ths of a turn on the spot

- &45 Pop both knees apart lifting heels off floor, bring knees together
- &46 Repeat &45
- &47 Repeat &45
- 48 Hold
- 49-50 Step forward right, pivot half turn left
- 51-52 Repeat 49-50
- 53-54 Step right foot diagonally forward right, hold
- 55-56 Step left foot diagonally forward left, hold
- 57-58 Roll hips in a full circle to the left
- 59-60 Repeat 57-58

RIGHT SHUFFLE. ROCK BACK AND FORWARD, VINE LEFT $\frac{1}{4}$ TURN LEFT, STEP TOUCH RIGHT AND LEFT, STEP PIVOT $\frac{3}{4}$ TURN, STEP TOUCH RIGHT, REPEAT OPPOSITE WAY

- 61&62 Step right to right side, close left beside right, step right to right side
- 63-64 Rock left behind right, rock forward on to right
- 65-66 Step left to left side, cross right behind left
- 67-68 Step left to left side while turning $\frac{1}{4}$ turn left, touch right beside left
- 69-70 Step right to right side, touch left beside right while clicking fingers
- 71-72 Step left to left side, touch right beside left while clicking fingers
- 73-74 Step forward right, pivot $\frac{3}{4}$ turn left
- 75-76 Step right to the right side, touch left beside right

77-92 Shuffle left; rock back right and forward left, vine right ¼ turn right, step left touch right, step right touch left, step forward left ¾ pivot turn right, step left side touch right

RIGHT HEEL LEFT HEEL POINT RIGHT HOLD, LEFT HEEL RIGHT HEEL POINT LEFT HOLD, PIVOT RIGHT HALF TURN TWICE, REPEAT ON OPPOSITE FOOT, SHUFFLE FORWARD, STEP PIVOT, TRIPLE STEP, HOP KICK & STEP

93& Touch right heel forward, bring right back in place
94& Touch left heel forward, bring left back in place
95-96 Point right out to right side, hold
& Bring right in place
97& Touch left heel forward, bring left back in place
98& Touch right heel forward, bring right back in place
99-100 Point left out to left side, hold
101-102 Step left forward, pivot half turn right
103- L04 repeat 101-102
105-116 Left heel right heel point left hold, right heel left heel point right hold, step forward right pivot half turn left twice
117&118 Step forward right, bring left beside right, step forward right
119-120 Step forward on left, pivot a half turn right
121&122 Triple step left, right, left turning a half turn right
123-124 Hop back on right foot while kicking left foot forward, step down on left foot

REPEAT

The dance ends on (step touch x 4). On the 4th step touch, don't do the ¼ turn right (stay on the spot). Then step right foot forward (with bent right leg), right arm down and left arm up in the 'Mammy!' motion like the minstrels.
