

# Bottom Of My Heart

**Compte:** 36

**Mur:** 2

**Niveau:** Improver

**Chorégraphe:** Glynn Holt (UK)

**Musique:** Bottom Of My Heart - Ethan Allen



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## **SIDE CHASSE, ROCK, SIDE CHASSE ¼, STEP PIVOT ½ TURN**

- 1&2 Step right to side, close left beside right, step right to right side
- 3-4 Rock back on left foot, recover onto right foot
- 5&6 Step left to side, close right beside left, step left ¼ turn left
- 7-8 Step forward on right foot, pivot ½ turn over left shoulder

## **FORWARD SHUFFLE, TOE-TOUCHES WITH CROSS, HOLD**

- 1&2 Step forward on right, close left beside left, step forward on right
- 3-4 Touch left toe to side, cross left foot over right
- 5-6 Touch right toe to side, cross right foot over left
- 7-8 Touch left toe to side, hold (putting weight onto left foot)

## **SAILOR STEP, ROCK AND TRIPLE ½ TURN, TOUCH, TURN**

- 1&2 Right sailor step (behind, side, step)
- 3-4 Rock forward onto left foot, recover onto right foot
- 5&6 Left triple step (left, right, left) making ½ turn to left
- 7-8 Point right toe to side, step right beside left as you make ¼ turn to right over right shoulder

## **TOUCH, TOGETHER, TOUCH, TURN, TOUCH, TOGETHER, HEEL SWITCH**

- 1-2 Touch left toe to side, step left foot beside right
- 3-4 Point right toe to side, step right beside left as you make ¼ turn to right over right shoulder
- 5-6 Touch left toe to side, step left foot beside right
- 7&8 Touch right heel forward, switch and touch left heel forward

## **SWITCH STEP WITH A JAZZ BOX ¼ TURN TO RIGHT**

- &1 Step left beside right, cross right over left
- 2 Step back on left foot
- 3 Step right foot ¼ turn to right
- 4 Step left foot beside right

**REPEAT**

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