Bootylicious



Compte: 64 Mur: 4 Niveau: Improver

Chorégraphe: William Ambrose (UK)

Musique: Bootylicious - Destiny's Child



SIDE RIGHT WITH HIP BUMPS TWICE

8	Step	right	to	right	side

1-2 Step left beside right bumping hips right, bumps hips left

3-4 Bump hips right, bump hips left

& Repeat & 5-8 Repeat 1-4

ROCK FORWARD, COASTER STEP TWICE,

9-10 Rock forward on right, back on left

11&12 Step right back, step left beside right, step right forward

13-14 Rock forward on left, back on right

15&16 Step left back, step right beside left, step left forward

ROCK FORWARD, TRIPLE STEP 1/2 RIGHT, HIP BUMPS

17-18 Rock forward on right, back on left,

19&20 Triple step a ½ turn right stepping right, left, right

21-22 Step left forward to left diagonal bumping hips left, bump hips left

23-24 Repeat 22 another 2 times

DIAGONAL STEPS TRAVELING FORWARD WITH BUMPS RIGHT AND LEFT

25-26 Step right forward to right diagonal pushing hips back, step left beside right pushing hips

forward, (hips should move smoothly to the beat)

27-28 Repeat 25-26 touch right beside left on 26 29-32 Repeat 25-28 leading left to left diagonal

SIDE CLOSE, SIDE 1/4 TURN LEFT KICK FORWARD (WITH CUBAN HIPS), WALK FORWARD WITH HIP BUMPS KICK FORWARD

33-34 Step right to right side bumping hips left, step left beside right bumping hips right

35-36 Step right to right side bumping hips left, on ball of right turn a ¼ turn left kicking left foot

forward with attitude

37-38 Step left forward pushing hips back, step right beside left pushing hips forward (hips should

move smoothly)

39-40 Step left forward pushing hips back, kick right foot forward with attitude

SHUFFLE BACK TWICE, COASTER STEP TWICE

41&42	Step right back, step left beside right, step right back
43&44	Step left back, step right beside left, step left back
45&46	Step right back, step left beside right, step right forward
47&48	Step left forward, step right beside left, step left back

ARM MOVEMENTS, HITCHES WITH SLAPS, HEEL GRIND, OUT OUT, HIP BUMPS WITH HEAD MOVEMENTS

49-50	Bring right arm up a	s if lifting a dumb	bell up and touc	ch right elbow wit	h left hand, repeat on
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left arm

51-52 Hitch right leg up over left slapping right ankle with left hand, slap right ankle with right hand

while turning a ¼ turn left

53-54 Rock weight on to right grinding right heel from left to right, rock weight back to left,

& Step right back and at shoulder width

Step left beside right back and at shoulder width, bump hips left turning head left, bump hips

right turning head right

CROSS SIDE, CROSS TOUCH, 1/4 TURN RIGHT, CROSS SIDE, CROSS TOGETHER, (CUBAN HIPS)

57-58 Cross step left over right pushing hips right, step right to right side pushing hips left

59-60 Cross step left over right pushing hips right, touch right to right side

On ball of left turn a ¼ turn right stepping right over left pushing hips left, step left to left side

pushing hips right

63-64 Cross right over left pushing hips left, step left beside right

REPEAT

On every 2nd count try clicking your fingers with the beat mostly on the hips bumps. On counts 1-8 you can double the amount of hip bumps by bumping to the double time beat of the song so 16 bumps are done altogether. Also on counts 21-24 you can double the bumps up to 8.