

Boots N Bows

Compte: 64

Mur: 2

Niveau: Improver

Chorégraphe: Steve Shaw (UK)

Musique: Nothin' to Lose - Josh Gracin



FORWARD ROCK, SHUFFLE ½ TURN RIGHT, FORWARD ROCK, SHUFFLE ½ TURN LEFT

- 1-2 Rock right forward, recover onto left
- 3&4 Shuffle ½ turn right stepping right, left, right
- 5-6 Rock left forward, recover onto right
- 7&8 Shuffle ½ turn left stepping left, right, left

RIGHT KICK BALL CHANGE, RIGHT KICK BALL CHANGE WITH ¼ TURN LEFT, JAZZ BOX

- 1&2 Kick right forward, step ball of right beside left, step left beside right
- 3&4 Kick right forward, step ball of right beside left, step left ¼ turn left
- 5-6 Cross right over left, step left back
- 7-8 Step right to right side, step left beside right

FORWARD ROCK, SHUFFLE ½ TURN RIGHT, FORWARD ROCK, SHUFFLE ½ TURN LEFT

- 1-2 Rock right forward, recover onto left
- 3&4 Shuffle ½ turn right stepping right, left, right
- 5-6 Rock left forward, recover onto right
- 7&8 Shuffle ½ turn left stepping left, right, left

RIGHT KICK BALL CHANGE, RIGHT KICK BALL CHANGE WITH ¼ TURN LEFT, JAZZ BOX

- 1&2 Kick right forward, step ball of right beside left, step left beside right
- 3&4 Kick right forward, step ball of right beside left, step left ¼ turn left
- 5-6 Cross right over left, step left back
- 7-8 Step right to right side, step left beside right

CROSS TOUCH & KICK, RIGHT BACK SHUFFLE, CROSS TOUCH & KICK, LEFT BACK SHUFFLE

- 1-2 Touch right foot across left, kick right foot forward
- 3&4 Shuffle back stepping right, left, right
- 5-6 Touch left foot across right, kick left foot forward
- 7&8 Shuffle back stepping left, right, left

SLOW EXTENDED RIGHT LOCK STEP FORWARD

- 1-2 Step right forward, slide left forward and lock behind right
- 3-4 Step right forward, slide left forward and lock behind right
- 5-6 Step right forward, slide left forward and lock behind right
- 7-8 Step right forward, slide left forward and lock behind right

Styling option: circle right hand above head, lasso fashion, & push hips forward on each slide step

CROSS TOUCH & KICK, RIGHT BACK SHUFFLE, CROSS TOUCH & KICK, LEFT BACK SHUFFLE

- 1-2 Touch right foot across left, kick right foot forward
- 3&4 Shuffle back stepping right, left, right
- 5-6 Touch left foot across right, kick left foot forward
- 7&8 Shuffle back stepping left, right, left

BACK ROCK, STEP ½ PIVOT TURN LEFT TWICE, STOMP, STOMP

- 1-2 Rock right back, recover onto left
- 3-4 Step right forward, pivot ½ turn left

5-6

Step right forward, pivot $\frac{1}{2}$ turn left

7-8

Stomp right beside left, stomp left beside right taking weight on left

REPEAT
