

Boogie Blues

Compte: 48

Mur: 4

Niveau: Improver

Chorégraphe: Nancy Morgan (USA)

Musique: Boogie Back to Texas - Asleep at the Wheel



LEFT TAP TOE 4 TIMES, TOE OUT, IN, OUT, IN, REPEAT WITH RIGHT

- 1-4 Tap left toe 4 times
5-6 Lift left toe up and grind heel to left as you set toe down, lift left toe up and grind heel so that left toe is next to right as you set toe down
7-8 Repeat steps 5 & 6
1-4 Tap right toe 4 times
5-6 Lift right toe up and grind heel to right as you set toe down, lift right toe up and grind heel so that right toe is next to left as you set toe down
7-8 Repeat steps 5 & 6

GRIND HEEL LEFT, GRIND RIGHT HEEL, GRIND LEFT HEEL, STEP BACK, STEP FORWARD

- 1-2 Step forward on left heel pointing toe to right, grind left heel to left as you set toe down shifting all your weight to your left
3-4 Step forward on right heel pointing toe to left, grind right heel to right as you set toe down shifting all your weight to your right.
5-6 Step forward on left heel pointing toe to right, grind left heel to left as you set toe down shifting all your weight to your left
7-8 Step forward on right and back on left

JAZZ BOX, BRUSH, ¼ TURN LEFT JAZZ BOX BRUSH

- 1-4 Cross right foot over left, step back on left, step right to right side, brush left foot forward
5-8 Cross left over right, step back ¼ turn to left as you step back on right, step left to left side, brush right foot forward (facing 9:00)

STEP, TOGETHER, STEP, BACK, TOGETHER, BACK, VINE RIGHT, VINE LEFT

- 1-4 Step right foot diagonally forward, step left foot next to right heel, step right foot diagonally forward, stomp left heel next to right heel
5-8 Step left foot diagonally back, step right foot next to left, step left foot diagonally back, stomp right heel next to left
1-4 (Vine) step right foot forward, step left behind right, step right to right side, stomp left next to right
5-8 (Vine) step left foot forward, step right behind left, step left to left side, stomp right heel next to left foot

WALK BACK 3 STEPS, HITCH, STEP SLIDE STEP, STOMP

- 1-4 Walk 3 steps back - right, left, right, (hitch) bring left knee up as you hop on right
5-8 Step left foot forward, slide right next to left, step right foot forward, stomp

REPEAT