

Break The Chains

Compte: 48

Mur: 4

Niveau: Beginner

Chorégraphe: Marilyn Morgan (USA)

Musique: No Time for Tears - Jo Dee Messina



RIGHT VINE, TOUCH LEFT, BALL-CHANGE LEFT, RIGHT, TOUCH LEFT, BALL-CHANGE LEFT, RIGHT, TOUCH LEFT

- 1-4 Step right to right side, cross left behind right, step right to right side, touch left together
- &5-6 Ball-change left, right, touch left together
- &7-8 Ball-change left, right, touch left together

LEFT VINE, TOUCH RIGHT, BALL-CHANGE RIGHT, LEFT, TOUCH RIGHT, BALL-CHANGE RIGHT, LEFT, TOUCH RIGHT

- 1-4 Step left to left side, cross right behind left, step left to left side, touch right together
- &5-6 Ball-change right, left, touch right together
- &7-8 Ball-change right, left, touch right together

BACK RIGHT, TOUCH LEFT, BACK LEFT, TOUCH RIGHT, BACK RIGHT, TOUCH LEFT, BACK LEFT, TOUCH RIGHT,

- 1-2 At a slight diagonal, step back right, touch left together
- 3-4 At a slight diagonal, step back left, touch right together
- 5-6 At a slight diagonal, step back right, touch left together
- 7-8 At a slight diagonal, step back left, touch right together

STEP RIGHT, SLIDE LEFT, STEP RIGHT, SCUFF LEFT, STEP LEFT, SLIDE RIGHT, STEP LEFT, SCUFF RIGHT

- 1-2 Step forward right, slide left to meet
- 3-4 Step forward right, scuff left
- 5-6 Step forward left, slide right to meet
- 7-8 Step forward left, scuff right

RIGHT JAZZ BOX, RIGHT JAZZ BOX WITH ¼ TURN RIGHT

- 1-4 Cross right over left, step back on left, step right to right side, step left together
- 5-8 Cross right over left, step back on left, turn ¼ right and step right, step left together

TOUCH RIGHT TO SIDE, STEP RIGHT TOGETHER, TOUCH LEFT TO SIDE, TOUCH LEFT BESIDE RIGHT, TOUCH LEFT TO SIDE, STEP LEFT TOGETHER, TOUCH RIGHT TO SIDE, TOUCH RIGHT BESIDE LEFT

- 1-2 Touch right to right side, step right together
- 3-4 Touch left to left side, touch left beside right
- 5-6 Touch left to left side, step left together
- 7-8 Touch right to right side, touch right together

REPEAT
