

# Break A Leg

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Frankie Cull (UK)

Musique: Disco Inferno - Tina Turner



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## WALK FORWARD & HITCH, SKATES & SAILOR TURN

- 1-4 Step forward right, left, right. Hitch left knee
- 5 Slide left foot to left while twisting right heel to right
- 6 Slide right foot to right while twisting left heel to left
- 7&8 Making  $\frac{1}{4}$  turn left, step left behind right, step right to right side, step left forward

## TICK, TOCK, SAILOR TURN. ROCK & TRIPLE $\frac{1}{2}$ TURN LEFT

- 9-10 Kick right foot forward across left then to right side
- 11&12 Making  $\frac{1}{4}$  turn right, step right behind left, step left to left side, step right forward
- 13-14 Rock forward onto left foot & recover
- 15&16 Triple turn  $\frac{1}{2}$  left on left, right, left

## "TWINKLES" MOVING FORWARD, SAILORS MOVING BACK

- 17&18 Step right over in front of left, step left to left side, step right forward
- 19&20 Step left over in front of right, step right to right side, step left forward
- 21&22 Step right behind left, step left to left side, step right back to right side
- 23&24 Step left behind right, step right to right side, step left back to left side

## 2 DRUNKEN SAILOR WALKS BACK, STEP TOUCH, $1\frac{1}{4}$ TURN, SHUFFLE FORWARD

- 25-26 Step right foot back behind left, step left foot back behind right
- 27-28 Step right foot to right side, touch left foot next to right (optional clap to right)
- 29-30 Turning  $\frac{1}{4}$  left, step forward onto left foot & turn  $\frac{1}{2}$  left, step back onto right foot & turn  $\frac{1}{2}$  left
- 31&32 Left shuffle forward left, right, left

**REPEAT**

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