

Bread And Butter

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Roz Morgan (USA)

Musique: Shortenin' Bread - The Tractors



LINDY (SIDE TOGETHER SIDE), ROCK STEP, LINDY (SIDE TOGETHER SIDE), ROCK STEP

- 1&2 Traveling side right, shuffle right left right
- 3 Keeping right in place, step back on left
- 4 Rock forward onto right
- 5&6 Traveling side left, shuffle left right left
- 7 Keeping left in place, step back on right
- 8 Rock forward onto left

FORWARD SHUFFLE, ½ PIVOT, ½ TURN INTO TRIPLE, ROCK STEP

Counts 12, 13&14 complete a full turn, so keep it smooth

- 9&10 Shuffle forward right left right
- 11 Step forward on left
- 12 On ball of left, pivot ½ turn right (6:00), changing weight to right
- 13&14 Making ½ turn right (12:00), step (triple (shuffle) in place) left right left
- 15 Keeping left in place, step back on right
- 16 Rock forward onto left

RIGHT VINE, ¼ TURN INTO TRIPLE, ROCK STEP, ½ TURN INTO TRIPLE

- 17 Step right to right side
- 18 Step left behind right
- 19&20 Making ¼ turn right (3:00), triple (shuffle in place) right left right
- 21 Keeping right in place, step forward on left
- 22 Rock back onto right
- 23&24 Making ½ turn left (9:00), step (triple (shuffle) in place), left right left

HEEL TAP-TOE TOUCHES, TOE TOUCH INTO ½ TURN, TOE TOUCH

- 25 Tap (touch) right heel forward
- 26 Step right to center beside left
- 27 Touch left toe back
- 28 Step left to center beside right
- 29 Touch (point) right toe out to right side
- 30 On ball of left, make ½ turn right (3:00), stepping right beside left
- 31 Touch (point) left toe out to left side
- 32 Step left to center beside right

REPEAT
