

# Cajun Polka

**Compte:** 32

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** Jim Krohe (USA)

**Musique:** Cajun Fiddle - Jimmy Sturr



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## **RIGHT TRIPLE IN PLACE, LEFT TRIPLE IN PLACE, RIGHT BACK SHUFFLE, LEFT BACK SHUFFLE**

- 1&2 Triple step in place on right, left, right  
3&4 Triple step in place on left, right, left  
5&6 Shuffle back on right, left, right  
7&8 Shuffle back on left, right, left

## **KICK BALL STEP, KICK BALL STEP, HEEL ROCK, RIGHT ½ TURN**

- 9&10 Kick forward with right, step on ball of right foot beside left, step forward on left  
11&12 Kick forward with right, step on ball of right foot beside left, step forward on left  
13-14 Rock forward on right heel, recover on left  
15-16 Step back on right and turn right ½ turn, step forward on left

## **RIGHT FORWARD SHUFFLE, HEEL ROCK, LEFT BACK SHUFFLE, RIGHT ½ TURN**

- 17&18 Shuffle forward on right, left, right  
19-20 Rock forward on left heel, recover on right  
21&22 Shuffle back on left, right, left  
23-24 Step back on right and turn right ½ turn, step forward on left

## **RIGHT FORWARD SHUFFLE, HEEL ROCK, STOMP, STOMP, SWIVEL LEFT ¼ TURN**

- 25&26 Shuffle forward on right, left, right  
27-28 Rock forward on left heel, recover on right  
29-30 Stomp on left beside right, stomp on right beside left  
31-32 Swivel both heels left, swivel both heels right and turn left ¼ turn and shift weight to left

**REPEAT**

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