

# C'est La Vie

Compte: 56

Mur: 0

Niveau:

Chorégraphe: Amanda Humphrey (USA)

Musique: C'est La Vie - B\*Witched



## CROSS KICKS

- 1&2& Kick right across left, step right beside left, kick left across right, step left beside right  
3-4 Kick right across left twice  
&5&6& Step right beside left, kick left across right, step left beside right, kick right across left, step right beside left  
7-8 Kick left across right twice

## LEFT SIDE SHUFFLE, ROCK, RIGHT SIDE SHUFFLE, ROCK

- 1&2 Step left foot to left, step right beside left, step left to left  
3-4 Rock right across in front of left, recover weight on left  
5&6 Step right foot to right, step left beside right, step right to right  
7-8 Rock left across in front of right, recover weight on right

## CHASSE' LEFT, FULL TURN LEFT

- 1-2 Step left foot to left, hold & clap  
&3-4 Step right beside left, step left to left, hold & clap (weight on left)  
5-6 On ball of left foot pivot  $\frac{1}{4}$  left and step forward on right, on balls of both feet pivot  $\frac{1}{2}$  left placing weight on left  
7-8 On ball of left foot pivot  $\frac{1}{4}$  left and step right to right side step left beside right

## CHASSE' RIGHT, FULL TURN RIGHT

- 1-2 Step right foot to right, hold & clap  
&3-4 Step left beside right, step right to right, hold & clap (weight on right)  
5-6 On ball of right foot pivot  $\frac{1}{4}$  right and step forward on left, on balls of both feet pivot  $\frac{1}{2}$  right placing weight on right  
7-8 On ball of right foot pivot  $\frac{1}{4}$  right and step left to left side, touch right beside left

## ROCK STEP, TRIPLE STEP, ROCK STEP, TRIPLE STEP

- 1-2 Rock right across in front of left, recover weight on left  
3&4 Triple step in place right-left-right  
5-6 Rock left across in front of right, recover weight on right  
7&8 Triple step in place left-right-left

## LEFT PADDLE TURN, VINE RIGHT

- &1 Hitch right knee while pivoting  $\frac{1}{4}$  left on left, touch right to right  
&2 Hitch right knee while pivoting  $\frac{1}{4}$  left on left, touch right to right  
&3 Hitch right knee while pivoting  $\frac{1}{4}$  left on left, touch right to right  
&4 Hitch right knee while pivoting  $\frac{1}{4}$  left on left, touch right to right  
5-6 Step right foot to right side, cross and step left behind right  
&7-8 Rock right foot to right, step left in place, step right beside left

**Option: On counts &1&2&3&4 clench both fists in center of chest on the & counts and pump right fist down along right leg and left fist to left shoulder on counts 1-2-3-4)**

## VINE LEFT, RIGHT PADDLE TURN

- 1-2 Step left foot to left side, cross and step right behind left  
&3-4 Rock left foot to left, step right in place, touch left beside right  
&5 Hitch left knee while pivoting  $\frac{1}{4}$  right on right, touch left to left

&6 Hitch left knee while pivoting  $\frac{1}{4}$  right on right, touch left to left

&7 Hitch left knee while pivoting  $\frac{1}{4}$  right on right, touch left to left

&8 Hitch left knee while pivoting  $\frac{1}{4}$  right on right, touch left to left

& Step left beside right

**Option: On counts &5&6&7&8 clench both fists in center on chest on the & counts and pump left fist down along left leg and right fist to right shoulder on counts 5-6-7-8)**

**REPEAT**

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