

Byrd Country

Compte: 48

Mur: 2

Niveau: Intermediate/Advanced



Chorégraphe: Sal Gonzalez (USA)

Musique: I'm from the Country - Tracy Byrd

TRAVELING HEEL-SWITCH-HOLD BACKWARD

- & Step back on left foot
- 1 Touch right heel forward
- &2 Hop back and switch weight, putting left heel forward
- &3 Hop back and switch weight, putting right heel forward
- 4 Hold
- &5 Hop back and switch weight, putting left heel forward
- &6 Hop back and switch weight, putting right heel forward
- &7 Hop back and switch weight, putting left heel forward
- 8 Hold

BACK BALL STEP, STEP FORWARD, ¼ SHUFFLE WITH RIGHT TURN

- &1 Back left ball step, step forward with right
- 2 Left step forward
- 3&4 Shuffle forward right-left-right
- 5&6 Turn half turn to right while shuffling left-right-left
- 7&8 Turn ¼ to right while shuffling right-left-right (facing 9:00)

TRAVELING HIP PUSHES/KNEE POPS FORWARD

- &1 Hop left step forward, bring right next to left while knees are bent and hips lower
- 2 Pop knees, hip push pop back
- &3 Hop left step forward, bring right next to left while knees are bent and hips lower
- 4 Pop knees, hips push pop back
- 5-8 Repeat counts 1-4

VINE LEFT ½ TURN VINE

- 1 Step to the left on left foot
- 2 Cross right behind left and step
- 3 Step to the left making ¼ turn left
- 4 Turn ¼ left, slap right foot with right hand
- 5 Step to the right on right foot
- 6 Cross left behind right and step
- 7 Step to the right on right foot
- 8 Touch left toe next to right foot

WALK FORWARD WITH HOLDS

- 1 Walk forward on left foot
- 2 Hold
- 3 Walk forward on right foot
- 4 Hold
- 5-8 Repeat counts 1-4

PUSH OFF ¼ TURN RIGHT, HOLD TOUCH HIPS SWAY HIPS TO LEFT

- &1 Push off back on right foot making a ¼ turn right and step feet apart in place
- 2 Hold
- 3 Touch right hand to right hip

4

Touch left hand to left hip

5-8

Sway hips in circle to left for four counts (finish with weight on right foot)

REPEAT
