

# Can't Get It Back

**Compte:** 32

**Mur:** 4

**Niveau:** Intermediate/Advanced



**Chorégraphe:** Guyton Mundy (USA) & Joey Warren (USA)

**Musique:** Can't Get It Back - Mis-Teeq

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## **PRESS, STEP BACK, TOGETHER, CROSS STEP, SIDE STEP, ¾ TURN, SAILOR, ½ TURN SAILOR**

- &1&2 Step on right toe in front of left, slide left back, step right to right side, cross left over right  
3-4 Step right to right side, with weight on right turn ¾ turn to the left (you will be at 3:00 wall)  
5&6 Step left behind right, step together with right, step forward on left  
7&8 While making a ½ turn to the right, step right behind left, step together with left, step forward on right

**You will be facing the 9:00 wall**

## **SYNCOPATED JAZZ WITH HITCH, STEP CROSS, UNWIND ½ TURN, COASTER, WALK**

- 1&2 Cross left over right, step back on right, step left to left side while hitching right up across left  
&3-4 Step right to right side, cross step left over right, unwind ½ turn to the right (facing 3:00 wall)  
5&6 Step back on left, step together with right, step forward on left  
7-8 Walk forward right, left

## **ROCK/RECOVER, CROSS, COASTER, STEP, ¼ TURN WITH HITCH, BIG SIDE STEP, IN FRONT, SIDE STEP**

- 1&2 Rock right to right side, recover on left, cross right over left  
3&4 Step back on left, step together with right, take a big step forward on left  
5-6 Step forward on right, hitch left up crossing over right while making a ¼ turn to the left (12:00 wall)  
7&8 Step left to left side, cross right in front of left, step left to left side

## **½ TURN, OUT, OUT, SYNCOPATED JAZZ, TOUCH BEHIND, ¾ UNWIND, COASTER**

- 1&2 While making a ½ turn to the right step right forward, step left to left side, step right to right side (6:00 wall)  
3&4 Cross left over right, step back on right, step left to left side  
5-6 Touch right behind left, unwind ¾ turn to the right (3:00 wall)  
7&8 Step back on left, step together with right, step forward on left

## **REPEAT**

## **RESTART**

**After the 4th wall, do the first 16 counts of the dance and restart, you will be restarting at the 12:00 wall.**

## **ALTERNATE STEPS**

**On the second set of 8 counts 9-12, Joey and I do this one part different. For the first 4 counts of the second 8, Joey teaches it this way**

- 1&2& Cross left over right, step back on right, step left to left side, hitch right up across left  
3&4 Step right to right side, cross left over right, unwind ½ turn to the right
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