

# Change Your Mind

Compte: 64

Mur: 4

Niveau: Intermediate

Chorégraphe: Mary Garner (UK)

Musique: Change Your Mind - Westlife



## **RIGHT SHUFFLE FORWARD, LEFT SHUFFLE FORWARD, ROCK STEP, COASTER STEP**

- 1&2 Step forward on right, step left next to right, step forward on right  
3&4 Step forward on left, step right next to left, step forward on left  
5-6 Rock forward on right, recover on left  
7&8 Step back on right, step left next to right, step forward on right

## **STEP ¼ TURN, CROSS SHUFFLE, 2X ¼ TURNS, MAMBO STEP**

- 1-2 Step forward on left, pivot ¼ turn right  
3&4 Cross left over right, step right next to left, cross left over right  
5-6 Step back on right turning ¼ left, step forward on left turning ¼ left  
7&8 Rock forward on right, recover on left, step right next to left

## **CROSS POINTS TWICE, CROSS, SIDE, SAILOR ¼ TURN**

- 1-2 Cross left over right, point right to right side  
3-4 Cross right over left, point left to left side  
5-6 Cross left over right, step right to right side  
7&8 Sweep left round turning ¼ left, step right next to left, step left next to right

## **TOE STRUTS RIGHT AND LEFT, ROCKING CHAIR**

- 1-2 Touch right toes forward, step down on right  
3-4 Touch left toes forward, step down on left  
5-6 Rock forward on right, recover on left  
7-8 Rock back on right, recover on left

## **GRAPEVINE RIGHT, GRAPEVINE LEFT (OPTIONAL ROLLING VINES)**

- 1-2 Step right to right side, step left behind right  
3-4 Step right to right side, touch left next to right  
5-6 Step left to left side, step right behind left  
7-8 Step left to left side, touch right next to left

## **MONTEREY ¼ TURNS RIGHT TWICE**

- 1-2 Touch right to right side, step right next to left turning ¼ right  
3-4 Touch left to left side, step left next to right  
5-6 Touch right to right side, step right next to left turning ¼ right  
7-8 Touch left to left side, step left next to right

## **WALKS FORWARD, ROCK AND CROSS, SIDE, BEHIND, CHASSE LEFT**

- 1-2 Walk forward on right, walk forward on left  
3&4 Rock right to right side, recover on left, cross right over left  
5-6 Step left to left side, step right behind left  
7&8 Step left to left side, step right next to left, step left to left side

## **CROSS ROCK, SHUFFLE ¼ TURN, STEP ½ TURN, STEP, TOUCH**

- 1-2 Rock right over left, recover on left  
3&4 Step right to right side, step left next to right, step right to right side turning ¼ right  
5-6 Step forward on left, pivot ½ turn to right

7-8

Step forward on left, touch right next to left

**REPEAT**

**RESTART**

**On the 4th wall dance the first 8 counts and then restart the dance from the beginning. There are no restarts if the dance is done to the alternative pieces of music**

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