Cat Shuffle



Compte: 48 Mur: 2 Niveau: Improver

Chorégraphe: William Sevone (UK)

Musique: Cat Walk - Lee Roy Parnell



4X SOFT SHOE SHUFFLE

Step right foot slightly in front of left, step left foot back slightly, step right foot back to left toe Step left foot slightly in front of right, step right foot back slightly, step left foot back to right

toe

5&6 Step right foot slightly in front of left, step left foot back slightly, step right foot back to left toe 7&8 Step left foot slightly in front of right, step right foot back slightly, step left foot back to right

toe

Style note: counts 1-8 are 'on-the-spot'

SHUFFLE FORWARD, SIDE ROCK, ROCK BACK, 2X SAILOR SHUFFLE

9&10 Step forward onto right foot, step left foot next to right, step forward onto right foot

11-12 Step/rock left foot to side, rock back onto right foot

Step left foot behind right, step right foot next to left, step left foot to side

Step right foot behind left, step left foot next to right, step right foot to side

SHUFFLE FORWARD, SIDE ROCK, ROCK BACK, 2X SAILOR SHUFFLE

17&18 Step forward onto left foot, step right foot next to left, step forward onto left foot

19-20 Step/rock right foot to side, rock back onto left foot

Step right foot behind left, step left foot next to right, step right foot to side

Step left foot behind right, step right foot next to left, step left foot to side

1/4 RIGHT CHASSE SHUFFLE, 1/2 RIGHT - LEFT CHASSE SHUFFLE

Step forward with a ¼ turn left onto right foot, step left foot next to right, step right foot to side 25&26 Step forward with a ¼ turn left onto right foot, step left foot next to left, step left foot foot next to left, step left foot

to side

STEP BEHIND, SIDE STEP, STEP, BODY ROLL,

Step right foot behind left, step left foot to side, bending at knees - step right foot in place
With hands on knees and starting with right shoulder - roll shoulders (in a figure 8 pattern)

from right to left and back to right transferring weight at the same time

STEP BEHIND, SIDE STEP, STEP, BODY ROLL,

36-38 Step left foot behind right, step right foot to side, bending at knees - step left foot in place
39-42 With hands on knees and starting with left shoulder - roll shoulders (in a figure 8 pattern) from

left to right and back to left transferring weight at the same time

Style note: there is no fixed degree as to how much you bend your knees - as long as you feel comfortable

FULL TURN LEFT, LEFT CHASSE SHUFFLE, CROSS STEP 1/4 RIGHT

With a ¼ turn left - step onto left foot, turning ¼ turn left on ball of left foot - step right foot to

side turning ½ turn left on ball of right foot - step left foot to side,

Styling note: click fingers with each count of turn

Step right foot to side, step left foot next to right, step right foot to side,

48 Step left foot over right with a ¼ turn right

REPEAT

Counts 32-35 and 39-42 are all slow and deliberate, so give it some attitude. Counts 43-45 are just slow.

