Clearwater Casino Cha Cha



Compte: 64 Mur: 4 Niveau: Intermediate

Chorégraphe: Jim Seeley

Musique: Listen To Your Woman - Steve Kolander



ROCK STEP, TURN, TRIPLE STEP

1 Step forward on left.

2 Rock back onto right foot in place making a ½ turn to the left.

3&4 Triple step moving forward. (left-right-left)

5 Step forward on right foot.

6 Rock back onto left foot in place making a ½ turn to the right.

7&8 Triple step moving forward. (right-left-right)

TRIPLE STEP VINES

Step to left side on left
Step together with right
Step to left side with left foot

& Pivot ½ turn to left on ball of left footStep to right side with right foot.

& Step together with left.

12 Step to right side with right foot.

ROCK STEP, TURN, TRIPLE STEP

13 Step forward on left.

Rock back onto right foot in place making a ½ turn to the left.

15&16 Triple step moving forward. (left-right-left)

17 Step forward on right foot.

18 Rock back onto left foot in place making a ½ turn to the right.

19&20 Triple step moving forward. (right-left-right)

TRIPLE STEP VINES

Step to left side on left.
Step together with right.
Step to left side with left foot.

& Pivot ½ turn to left on ball of left foot.Step to right side with right foot.

& Step together with left.

24 Step to right side with right foot.

MILITARY PIVOTS, TRIPLE STEPS

25 Step forward on left foot.

26 Pivot ½ turn to the right on ball of left foot and shift weight onto right

27&28 Triple step forward. (left-right-left)

29 Step forward on right foot.

30 Pivot ½ turn to the left on the ball of right foot and shift weight to left.

31&32 Triple step forward . (right-left-right)

14 TURN, HOLD, 12 TURN, HOLD

Pivot ¼ turn to left on ball of right foot, stepping forward with left foot.

34 Hold position.

35 Pivot ½ turn left on ball of left foot, stepping back with right foot.

BACK, FORWARD, TRIPLE STEP

37 Step back with left foot.38 Rock forward onto right foot.

39&40 Triple step slightly forward. (left-right-left)

FORWARD HOLD, ½ TURN, HOLD

41 Step forward with right foot.

42 Hold position.

43 Pivot ½ turn right on ball of right foot, stepping back with left

44 Hold position.

BACK, FORWARD, TRIPLE STEP

45 Step back with right foot.46 Rock forward onto left foot.

47&48 Triple step slightly forward. (right-left-right)

TOUCH, HOLD, TRIPLE BACK

49 Touch left to left side.

50 Hold.

51&52 Triple back left, right, left.(left-right-left)

Touch right to right side.

54 Hold.

55&56 Triple back right, left, right. (right-left-right)

TOE, SHIMMY, DOWN, TOE, SHIMMY, DOWN

57 Step forward onto ball of left making a slight turn right . & Left hip shimmy and dip left heel at the same time.

58 Step weight onto left foot.

59 Step forward onto ball of right making a slight turn left. & Right hip shimmy and dip right heel at the same time.

Step weight onto right foot.

TOE, DOWN, TOE, DOWN

Step forward onto ball of left foot making a slight turn right.

62 Left heel down.

Step forward onto ball of right foot making a slight turn left.

Right heel down.

REPEAT