Check-It-Out Cha-Cha



Compte: 40 Mur: 0 Niveau:

Chorégraphe: Tom & JR

Musique: Wanda - The Forester Sisters



Position: Begin in Contra Position, men in one line and ladies in another (men usually face the source of music, ladies face away) with about six feet separating the two lines. Opposing dancers should be slightly offset from each other so as to allow passing right shoulder to right shoulder when both move forward. Footwork is identical for both partners. Try to maintain eye contact as much as possible during this dance. It really adds to the "Check-it-out" theme.

CHA-CHA FORWARD AND BACK

Left rock step forwardRight rock step back

3&4 Cha-cha-cha left, right, left in place (3 steps per 2 beats of music)

Right rock step backLeft rock step forward

7&8 Cha-cha-cha right, left, right in place

CHA-CHA FORWARD AND CHECK-IT-OUT

9 Left walk step forward

10 Right walk step forward, passing right shoulder to right shoulder and moving slightly beyond

partner

11&12 Cha-cha-cha in place left, right, left

Right rock step back, turning ½ turn to the right to face partner

You should be lined up facing partner and able to "Check-It-Out"

Left rock step forward turning ¼ turn to the left to face original direction (and moving past

partner again)

15&16 Cha-cha-cha right, left, right in place

You have "Checked-Out" your partner, you're interested, but let's be cool about this!

TURN, CHA-CHA, TURN CHA-CHA

17 Left rock step forward pivoting ½ turn to the right (still moving away-but let's go back for

another look!)

18 Right rock step forward (you should now be side by side, left shoulder to left shoulder)

19&20 Cha-cha-cha left, right, left in place

21 Right rock step forward pivoting ½ turn to the left (moving away again-but let's go back for

still another look!)

Left rock step forward (you should now be side by side, right shoulder to right shoulder)

23&24 Cha-cha-cha right, left, right in place

Great Partner. Checks out OK --- but let's look at all of the angles!

WALK-AROUND AND CHA-CHA

25 Left cross step behind right (now facing partner)

26 Right side step to right (now left shoulder to left shoulder)

27&28 Cha-cha-cha left, right, left in place

29 Right cross step over left (now back to back)

30 Left side step to left (now right shoulder to right shoulder)

31&32 Cha-cha-cha right, left, right in place Still looks good. Let's see if there could be an introduction!

CHA-CHA, HELLO, CHA-CHA

33 Left walk step forward (angle slightly right) away from partner

Right walk step forward (angle slightly right) away from partner Cha-cha-cha left, right, left while turning ½ turn to the right

You will now be in your partner's original position, about 6 feet apart slightly offset

Right rock step back (men bow and tip hats, lady's curtsy (don't be shy now!))

Left rock step forward (straighten up)
39&40 Cha-cha-cha right, left, right in place

You will not always be exactly in the right position. Use the Cha-Cha steps to adjust where necessary.

REPEAT