

Cold Hearted

Compte: 32

Mur: 2

Niveau: Improver

Chorégraphe: Irene Groundwater (CAN)

Musique: Cold Hearted - Paula Abdul



Touch steps with finger points are reminiscent of John Travolta's dance in Saturday Night Fever

TOUCH, TOUCH, TOUCH, TOUCH

1-2 Touch right toe to the right, touch right toe beside left instep

3-4 Touch right toe to the right, touch right toe beside left instep

Option: on counts 1 & 3, point right forefinger out high to the right & left hand on left hip. On counts 3 & 4, drop right arm

Option: on counts 1 & 3, thrust left hip up and to the left turning your body ¼ turn towards the right. On counts 2 & 4, drop left hip to normal position and return body to normal position facing front

RIGHT VINE WITH TOUCH

5-6 Side step right, cross left behind right

7-8 Side step right, touch left toe to right instep

Option: On counts 5 to 7, Dance a full rolling turn to the right (full turn)

Option: on count 7, side step right. On count 7&, step left beside right. On count 8, step right beside left

TOUCH, TOUCH, TOUCH, TOUCH

9-10 Touch left toe to the left, touch left toe beside right instep

11-12 Touch left toe to the left, touch left toe beside right instep

Option: on counts 9 & 11, point left forefinger out high to the left & right hand on right hip. On counts 10 & 12, drop left arm

Option: on counts 9 & 11, thrust right hip up and to the right turning your body ¼ turn towards the left. On counts 10 & 12, drop right hip to normal position and return body to normal position facing front

LEFT VINE WITH TOUCH

13-14 Side step left, cross right behind left

15-16 Side step left, touch right toe beside left instep

Option: on counts 13 to 15, dance a full rolling turn to the left (full turn)

Option: on count 15, side step left. On count 15&, step right beside left. On count 16: step left beside right

DIAGONAL FORWARD, DRAG, DROP HEELS TWICE

17-18 Large right step diagonal forward, drag left beside right

&19&20 Raise and drop heels twice

Option: on counts 19 and 20, snap your fingers shoulder high on each side of the body

DIAGONAL BACK, TOUCH WITH CLAP, DIAGONAL BACK, TOUCH WITH CLAP

21-22 Left diagonal back, touch right toe beside left instep and clap hands in front of body chest high

23-24 Right diagonal back, touch left toe beside right instep and clap hands in front of body chest high

Option: omit claps on touch steps

DIAGONAL FORWARD, DRAG, DROP HEELS TWICE

25-26 Large left step diagonal forward, drag right beside left

&27&28 Raise and drop heels twice

Option: on counts 27 and 28, snap your fingers shoulder high on each side of the body

SIDE, REPLACE, CROSS, UNWIND WITH ½ TURN LEFT

29-30 Side step right, replace weight on left

31-32 Cross right foot over left, unwind pivoting ½ turn left on left ball weight ends on left foot

REPEAT

TAG

After 13th repetition of the dance, dance following steps so dance ends facing front wall

TOUCH, TOUCH, TOUCH, TOUCH, CROSS, UNWIND WITH ½ TURN LEFT, TOUCH, POSE

1-2 Touch right toe to the right pointing forefinger out high to the right, touch right toe beside left instep dropping finger

3-4 Touch right toe to the right pointing forefinger out high to the right, touch right toe beside left instep dropping finger

5 Cross right over left

6 Unwind pivoting ½ turn left on left ball weight ends on left foot

7 Touch right toe to the right pointing forefinger out high to the right & left hand on left hip

8 Hold pose as music fades away

Special thanks to Jenifer Reaume for suggesting the ½ turn left on count 32 instead of a ¾ turn left
