

Crying Heart

Compte: 32

Mur: 4

Niveau: Intermediate nightclub



Chorégraphe: Kirsi-Marja Vinberg (FIN)

Musique: You Caught Me At a Bad Time - Toby Keith

MODIFIED BASIC, STEP TO SIDE, CROSS UNWIND FULL TURN RIGHT, SWAYS, ½ CROSS AND TURN RIGHT, SWEEP

- 1-2& Step left to side, step right little cross left, change weight back to the left foot/ rock step back
- 3-4& Step right to side, step left foot across right foot (big step), turn around, step to the right foot
- 5-6 Sway hips to left, to right
- 7-8& Step left foot across right (big step), turn to right and step to the right foot, sweep left toe from back to front

DIAGONAL LUNGE (1-3), STEP TO SIDE, CROSS STEP, PRESS STEP, SWEEP, COASTER STEP WITH ¼ TURN LEFT

- 1-3 Step left little across right (19:00), hold, step to the right foot
- 4& Step left to side, right across left foot (17:00)
- 5-6 Press left foot forward (17:00), step to the right foot
- &7&8 Slide left foot from front to back, step left foot back, right together, turn ¼ to left and step left forward (12:00)

URNS TO LEFT, ROCK STEP FORWARD, COASTER STEP BACK WITH NIGHT CLUB RHYTHM

- 1-2 Turn left around with two steps (right left) moving forward
- 3&4 Do another full turn to left moving forward with three steps and stepping the second step together, 3rd step forward (12:00) (right left right)

You can also step 1-2-3&4 forward with no turns, 3&4 is shuffle step

- 5-6 Step left forward, right in place
- 7-8& Step left back, right together, left forward (little step)

COASTER STEP FORWARD WITH NIGHT CLUB RHYTHM, STEP DIAGONALLY LEFT BACK, CROSS, BACK, BACK, TURN ¼ RIGHT, STEP, CROSS ROCK STEP

- 1-2& Step right forward, left together, step right back (little step)
 - 3-4& Step left diagonally back left, step right across left, step left back
 - 5-6 Step right back, left back and turn ¼ right (17:00)
- Steps 3-4&5-6 are going to same direction
- 7-8& Step right forward (17:00), step left across right, step right in place

REPEAT

TAG

After 3rd wall when using "You Caught Me At A Bad Time" by Toby Keith

SWAYS, BASIC WITH TURN, SWAYS, BASIC WITH TURN

- 1-2 Step left foot to side and sway hips to left, sway hips to right
- 3-4& Sway hips to left, rock right foot back, step left in place and turn ¼ left
- 5-6 Step right to side and sway hips to right, to left
- 7-8& Sway hips to right, rock left foot across right, step left in place and turn ¼ left

SWAYS, BASIC WITH ½ TURN LEFT, SWAYS, STEP TO SIDE, CROSS ROCK STEP

- 1-2 Step left to side and sway hips to left, sway hips to right
- 3-4& Sway hips to left, rock right foot back, left in place and turn ½ left
- 5-6 Step right to side and sway hips to right, to left
- 7-8& Step right to side, step left across right, step right in place

