

# Crazy Dance

Compte: 56

Mur: 4

Niveau: Intermediate

Chorégraphe: Brenda Sprader (USA)

Musique: Crazy Train (Dance Mix) - Ozzy Osbourne



## RIGHT SIDE ROCK, RIGHT SHUFFLE FORWARD

- 1-2 Rock right foot to right side, recover on left  
3&4 Shuffle forward right, left, right

## LEFT SIDE ROCK, LEFT SHUFFLE FORWARD

- 5-6 Rock left foot to left side, recover on right  
7&8 Shuffle forward left, right, left

## KICK RIGHT, STEP OUT RIGHT, STEP OUT LEFT, SWIVEL LEFT, SWIVEL CENTER

- 1 Kick right foot forward  
&2 Step right foot out to right side, step left foot out to left side  
3-4 Swivel both heels to the left, swivel both heel back to center

## STEP RIGHT SIDE, STEP TOGETHER, STEP RIGHT SIDE STEP TOGETHER

- 5-6 Step right to right side, step left next to right  
7-8 Step right to right side, step left next to right

## HEEL SWITCHES, BOUNCES WITH ¼ TURN LEFT, HIP SWING

- 1&2 Place right heel forward, step right foot home, place left heel forward  
&3-4 Step left foot home, place right heel forward, slap right foot flat (snap too)  
5-6 Bounce on heels and turn 1/8 left, bounce on heels and turn 1/8 left (¼ turn left)  
7-8 Swing hips to the right, swing hips to the left

## RIGHT CROSS SHUFFLE, VINE, ¼ TURN LEFT, BODY ROLL

- 1&2 Crossing right over left shuffle right, left, right to left side  
3-4 Step left to left side, step right behind left  
5-6 Point left to left side, turn ¼ left as you sit onto you right leg (bend right, left straight)  
7-8 Body roll up keeping weight on right foot

## KICK & POINT, KICK & POINT, KICK LEFT CROSS, BOUNCE & UNWIND ½ RIGHT

- 1&2 Kick left foot forward, step left foot home, point right to right side  
3&4 Kick right foot forward, step right foot home, point left to left side  
5-6 Kick left foot forward, cross left foot over right foot  
7-8 Bounce heels and turn a ¼ right, bounce heels and turn a ¼ right (unwinding ½ right)

## STEP BACK LEFT, CROSS RIGHT, SIDE SHUFFLE LEFT, ROCK BACK, SHUFFLE TURN ½ LEFT

- 1-2 Step back on left foot, step right crossed in front of left  
3-4 Shuffle left side left, right, left (side together side)  
5-6 Rock back on right foot, recover on left  
7-8 Shuffle forward right (right, left, right) turning ½ turn left

## STEP BACK LEFT, CROSS RIGHT, SIDE SHUFFLE LEFT, ROCK BACK, SHUFFLE TURN ½ LEFT

- 1-2 Step back on left foot, step right crossed in front of left  
3-4 Shuffle left side left, right, left (side together side)  
5-6 Rock back on right foot, recover on left  
7-8 Step forward right, ¼ turn left

REPEAT

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