

Cowgirl's Blues

Compte: 32

Mur: 4

Niveau: Intermediate

Chorégraphe: Roland (Gutz) Gutzwiller (CH)

Musique: Even Cowgirls Get The Blues - Vicky Layne



LEFT SAILOR STEP, RIGHT SAILOR STEP, SHUFFLE FORWARD ½ TURN LEFT

- 1&2 Step left behind right, step right to right side, step left to left side
3&4 Step right behind left, step left to left side, step right to right side
5&6 Step left forward, step right beside left, step left forward
7-8 Step right forward, on left pivot ½ to the left

RIGHT SHUFFLE FORWARD, LEFT CROSS ROCK FORWARD

- 9&10 Step right forward, step left beside right, step right forward
11-12 Cross rock left over right, rock back on right

POINT LEFT TO LEFT, FORWARD, POINT RIGHT TO RIGHT, FORWARD,

- 13-14 Point left toe to the left, step left in front of right
15-16 Point right toe to the right, step right in front of left

POINT LEFT TO LEFT, FORWARD, POINT RIGHT TO RIGHT, FORWARD,

- 17-18 Point left toe to the left, step left in front of right
19-20 Point right toe to the right, step right in front of left

LEFT STEP BACK ¼ T RIGHT, RIGHT STEP BACK ¼ T RIGHT, SHUFFLE FORWARD 1/1 TURN RIGHT

- 21-22 Step left behind right with ¼ turn right, step right forward with ¼ turn right
23&24 Step left forward with ¼ turn right, on left turn ½ to the right and step right forward, step left forward with ¼ turn right

STEP ON RIGHT (HIP), STEP ON LEFT (HIP), RIGHT SHUFFLE BACKWARDS

- 25 Step on right pushing hip forward 45 degrees right,
26 Step on left pushing hip forward 45 degrees left
27&28 Step right back, step left beside right, step right back

STEPS BEHIND AND FORWARD WITH 1 ½ TURN LEFT

- 29 Turn ½ to the left on right and step left forward *
30 Turn ½ to the left on left and step right behind left *
31 Turn ½ to the left on right and step left forward *
32 Rock step forward on right

Styling note: put the arms out horizontal to the floor for balance as well as fun (optional)

REPEAT
