

Cowgirl Saddle

Compte: 32

Mur: 2

Niveau: Intermediate/Advanced



Chorégraphe: Nancy Van Haeken (BEL)

Musique: Saddle Up - Garth Brooks

KICK & TOUCH, IN, KICK BALL STOMP, STEP BACK, SWEEP, STEP BACK, SWEEP, COASTER STEP

- 1&2 Right foot kick, right foot step next to, left foot side toe touch
- 3&4 Left foot kick, left foot step next to, right foot stomp (weight on left foot)
- 5&6& Right foot step back, left foot sweep behind, left foot step back, right foot sweep behind
- 7&8 Right foot step back, left foot step next to, right foot step forward

SIDE, TOGETHER, SIDE SHUFFLE & TOGETHER, CROSS, ¼, ¾ TURN LEFT

- 1-2 Left foot step to side, right foot step next to left foot
- 3&4& Left foot step to side, right foot step next to, left foot step to side
- 5-6 Left foot cross step, right foot step back ¼ turn left
- 7&8 Left foot step forward ¼ turn left, right foot step to side ¼ turn left, left foot step forward ¼ turn left

STEP LOCK STEP, ROCK STEP ½, KICK BALL STOMP-STOMP, SAILOR STEP

- 1&2 Right foot step forward, left foot step behind, right foot step forward
- 3&4 Left foot step forward, ½ turn right, left foot step forward
- 5&6& Right foot kick, right foot step next to, left foot stomp twice
- 7&8 Left foot step behind, right foot step to side, left foot step forward

TOE STRUT, HEEL ROCK, BACK ROCK, HEEL, LOCK, STEP, LOCK, STEP, SIDE, HEEL, TOGETHER

- 1&2& Right foot step forward on toes, right foot drop heel, left foot step forward on heel, put weight back on right foot
- 3&4 Left foot step back, weight back on right foot, left foot heel touch forward
- 5&6& Left foot step back, right foot step in front of left foot, left foot step back, right foot in front of left foot
- 7&8& Left foot step back, right foot step to side, left foot heel touch forward, left foot step next to right foot

REPEAT
