

# Dancing Hearts

Compte: 48

Mur: 1

Niveau: Improver waltz

Chorégraphe: Michael Barr (USA)

Musique: Their Hearts Are Dancing - The Forester Sisters



**Start dance facing the left diagonal**

## **TWINKLE LEFT, TWINKLE RIGHT**

- 1-3 Right foot stride forward on left diagonal, left foot step forward then turn to the right diagonal, right foot step forward
- 4-6 Left foot stride forward on right diagonal, right foot step forward then turn to the left diagonal, left foot step forward

## **TWINKLE WITH ¼ TURN RIGHT, TWINKLE RIGHT**

- 1-3 Right foot stride forward on left diagonal, left foot step forward then turn to ¼ wall right, right foot step side right on right diagonal
- 4-6 Left foot stride forward on right diagonal, right foot step forward then turn to the left diagonal, left foot step forward

## **TWINKLE WITH ¼ TURN RIGHT - LUNGE (ROCK), RETURN, STEP SIDE TO LEFT DIAGONAL**

- 1-3 Right foot stride forward on left diagonal, left foot step forward then turn to ¼ wall right, right foot step side right on right diagonal
- 4-6 Left foot lunge (rock) forward on right diagonal, return weight onto right foot in place, left foot step side left to left diagonal

## **STRIDE FORWARD, STEP FORWARD, STEP BACK - STRIDE BACK, STEP SIDE, STEP FORWARD**

- 1-3 Right foot stride forward on left diagonal, left foot step forward, right foot step back
- 4-6 Left foot stride back, right foot step side right on right diagonal, left foot step forward on right diagonal

## **STRIDE FORWARD, STEP FORWARD, STEP BACK - STRIDE BACK, DRAG...**

- 1-3 Right foot stride forward on right diagonal, left foot step forward, right foot step back
- 4-6 Left foot stride back on left diagonal, right foot drag towards left, right foot finish drag next to left (weight stays on left)

## **TWINKLE LEFT - STRIDE, ¼ TURN LEFT, ¼ TURN LEFT**

- 1-3 Right foot stride forward on left diagonal, left foot step forward then turn to right diagonal, right foot step forward
- 4-6 Left foot stride forward on right diagonal, turning ¼ left step back on right foot, turning ¼ left step left foot side left

## **CROSS, SIDE, BEHIND - STRIDE SIDE LEFT, DRAG...**

- 1-3 Right foot stride side left crossing over left, left foot step side left, right foot step side left crossing behind left
- 4-6 Left foot stride left, right foot drag towards left, right foot finish drag next to left (weight stays on left)

## **THREE STEP (FULL) TURN RIGHT - LUNGE, RETURN, STEP SIDE**

- 1-3 Right foot stride ¼ turn right and step forward, left foot step ½ turn right and step back, right foot step ¼ turn right and step side right
- 4-6 Left foot lunge (rock) forward on right diagonal, return weight onto right foot in place, left foot step side left to left diagonal

REPEAT

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