

Dance Of The Heart

Compte: 48

Mur: 4

Niveau: Intermediate waltz



Chorégraphe: Val Reeves (UK)

Musique: Their Hearts Are Dancing - The Forester Sisters

HIPS ROCKS FORWARD

- 1-3 Left step forward pushing left hip forward, push right hip back, left hip forward
- 4-6 Right step forward pushing right hip forward, push left hip back, right hip forward
- 7-9 Left step forward pushing left hip forward, push right hip back, left hip forward
- 10-12 Right step back, left step beside right, right step forward

¼ TURN LEFT ½ TURN RIGHT

Keep weight back on ¼ turn

- 13-15 Left step across right turning ¼ turn left, right step back, left step beside right
 - 16-18 Turning ½ turn right step right foot forward, left step forward, right step forward
- Turn immediately. Use ball of left (15) to begin turn. You will be turning backwards over right shoulder**

ROCK FORWARD BACK STEP TURN ½ TURN RIGHT

- 19-21 Left rock forward, right rock back, left step back
- 22-24 Turning ½ turn right step forward right, left, right

ROCK SIDE AND ACROSS

- 25-27 Left rock out to left side, rock onto right, left step forward
 - 28-30 Right rock out to right side, rock onto left, right step forward
- Turn backwards again over right shoulder. Use ball of left(21) to begin turn**

ROCK ¾ TURN LEFT EXTENDED VINE

- 31-33 Left rock forward, turn ¾ turn left stepping on right, then left
- 34-36 Right step right, left step behind right, right step right
- 37-39 Left step across right, right step right, left step behind right

ROCKS

- 40-42 Right rock to right, sway hips left, then right

ROLL LEFT ¼ TURN RIGHT

- 43-45 Turning 1 full turn left on left, right, left
- 46-48 Right rock across left, left rock back turning ¼ turn right, right step forward

REPEAT
