

A Dance For Moms

COPPER **NOB**
BY STEPHENIE

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Derek Steele (USA)

Musique: A Song for Mama - Boyz II Men



ROCK, CROSS, STEP

- 1 Step slightly forward on right to right side
- &2 Step left in place, step right across left
- 3 Step slightly forward on left to left side
- &4 Step right in place, step left across right
- 5 Step slightly forward on right to right side
- &6 Step left in place, step right across left
- 7 Step slightly forward on left to left side
- &8 Step right in place, step left across right

FORWARD ROCK, SHUFFLE BACK, TOUCH, TURN, COASTER STEP

- 9-10 Rock forward on right, replace weight back on left
- 11&12 Step back right & step together left, step back right
- 13 Touch left toe back
- 14 Turn a full turn left on ball of right and transfer weight to left
- 15&16 Step back right & step together left, step forward right

BACK ROCK, SIDE SHUFFLE, CROSS ROCK, TURN, SHUFFLE

- 17-18 Rock back on left, replace weight forward on right
- 19&20 Side step left & step right beside left, side step left
- 21 Cross rock right 45 degrees across left
- 22 Recover weight to left prepping left foot for next count
- 23 Finish ¼ right turn and step forward right
- &24 Step together left, step forward right

SHUFFLE FORWARD LEFT, RIGHT, LEFT, STEP, STEP

- 25&26 Step forward left, step together right, step forward left
- 27&28 Step forward right, step together left, step forward right
- 29&30 Step forward left, step together right, step forward left
- 31-32 Step forward right, step forward left (weight on left)

REPEAT
