# **Dance For Life**



Compte: 32 Mur: 2 Niveau: Beginner line/contra dance

Chorégraphe: Phil Johnson (UK)

Musique: Live It Up - Mental As Anything



Choreographed for Cancer Research UK's "Breast Awareness Month" Charity Linedance held at Bridlington's Leisure World on the 4th October 2003

## WALK FORWARD RIGHT, LEFT: STEP PIVOT, WALK FORWARD RIGHT, LEFT: STEP PIVOT

1-4 Step forward right, step forward left, step forward right, pivot half turn left (weight on left foot

forward)

5-8 Repeat steps 1-4

#### **LET'S GO WALKABOUT**

## VINE RIGHT AND LEFT WITH QUARTER TURN RIGHT AND HITCH, VINE RIGHT, TOUCH

9-12 Step right to right side, step left behind right, turning quarter turn right stepping onto right,

hitch left knee up

13-16 Step left to left side, right behind left, step left to left side, (weight on left) quarter turn right

hitching right knee up

17-20 Step right to right side, step left behind right, step right to right side, touch left toe next to right

foot

## WALK FORWARD LEFT, RIGHT: STEP PIVOT, WALK FORWARD LEFT, RIGHT: STEP PIVOT

21-24 Step forward left, step forward right, step forward left, pivot half turn right (weight on right foot

forward)

25-28 Repeat steps 21-24

#### VINE LEFT, TOUCH

29-32 Step left to left side, step right behind left, step left to left side, touch right toe next to left foot

## **REPEAT**