

Crystal Hero

Compte: 32

Mur: 4

Niveau: Intermediate

Chorégraphe: Lorraine Susan Taylor (UK)

Musique: Crystal Blue - Daniel Ray Edwards



POINT, TURN RIGHT, HOOK, ROCK, BACK LOCK

- 1-2 Point right toe forward, turn $\frac{1}{2}$ to right on ball of left foot, hook right foot over left leg
- 3&4 Step right foot forward, close left foot to right foot, step right foot forward
- 5-6 Step left foot forward, rock back onto right foot
- 7&8 Step left foot back, cross right foot over left foot, step left foot back

$\frac{1}{4}$ TURN RIGHT, HIP BUMPS, DRAG, BALL CHANGE, PIVOT

- 1 Turning $\frac{1}{4}$ to right, step right foot to right, bumping hips to right
- 2 Rock weight onto left foot, bumping hip to left
- 3-4 Push right foot out to the right and drag left foot towards right foot
- &5 Cross ball of left foot behind right foot, replace weight onto right foot
- 6 Step left foot forward turning $\frac{1}{4}$ to left
- 7-8 Step right foot forward, pivot $\frac{1}{2}$ turn to left (weight ends on left foot)

ROCK, STEP, TRIPLE TURN, ROCK, STEP, CROSS, STEP, CROSS

- 1-2 Step right foot forward, rock back onto left foot
- 3&4 Triple step right, left, right turning a full turn to right, (or triple step on the spot)
- 5-6 Step left foot forward, rock back onto right foot
- 7&8 Cross left foot behind right foot, step right foot small step to right, cross left foot over right foot

POINT, HITCH, STEP, CROSS, STEP, ROCK, STEP, $\frac{1}{4}$ TURN SHUFFLE

- 1-2 Point right toe to right, hitch right knee
- 3&4 Step right foot to right, cross left foot behind right foot, step right foot to right
- 5-6 Cross left foot over right foot, rock back onto right foot
- 7&8 Turning $\frac{1}{4}$ to left, step left forward, close right foot to left foot, step left foot forward

REPEAT
