

Compte: 32

Mur: 4

Niveau: Advanced

Chorégraphe: Raymond Sarlemijn (NL)

Musique: 2000 Watts - Michael Jackson



## In Memorial To My Best Friend

### STEP OUT, KICK, KICK AND POSE

1 Rock right to side

**Bend your knees inward and bend your left arm in front of your shoulder and your right arm is straight to the right side**

& Hold

**Bend your knee to the outside bend your right arm in front of your shoulder and stretch your left arm to the side and keep it straight.**

2 Hold

**Bend your knee to the inside bend your left arm in front of your shoulder and your right arm is straight to the right side**

3 Hold

**Bend your knee to the outside bring your left hand to your hip and your right hand next to your head & right hand to your hip and your left hand next to your head**

&4 Recover to left, stomp/touch right together

**Bring your left hand to your hip and your right hand next to your head**

5 Kick right forward

**Hold your arms next to your body**

&6 Step right together, kick left forward

7&8 Rock right forward, recover to left, turn ¼ right and step right together

**Hold your both arms above your head and stretch it**

### STAND, BOUNCE, HOPPING AROUND

1 Step out on both

**While doing this, bend your knees to the outside. Bounce your both shoulders to the inside**

& Hold

**Bend your knees to the inside bounce your shoulder to the back**

2 Hold

**Bend knees straight bounce your shoulders natural**

3 Step out on left

**Bring your left shoulder to the front & bring your right shoulder to the back**

4 Hold

**Bounce your left shoulder in the front**

5 Slide right next to left

**Bend your right arm in front of your body and stretch your left arm to the side**

& Hop ¼ to the left

**Hold your arm like no. 5**

6 Hop ¼ to the left

**Hold your arm like no. 5**

& Hop ¼ to the left

**Hold your arm like no. 5**

7 Hop ¼ to the right

**Bend your left arm in front of your body and stretch your right arm to the side**

& Hop ¼ to the right

**Hold your arms like no. 7**

8 Hop ¼ to the right

**Put your both arms next to your body**

## **KICK BALL CHANGE, ¼ TURN, BOUNCE, ROBOT MOVE**

1&2 Kick right forward, step right together, step left forward

**Bring your right fist in front of your stomach and hold your left arm next to your hip**

3 Turn ¼ to the right

**Bring your right arm next to your face, hold your hand open & look to the left, while doing this pretend that your pushing your face to the left**

& Hold

**Bend, turn your knees to the inside**

4 Turn to front

5 Step out on right

**Pop chest in**

& rock to left

6 recover to right

**Pop chest out**

7 Hold

**Bend through your right knee and lean your back to the side bring your right arm in front of your body and left arm backwards**

8 Weight to left

**Chest forward. Arm movements follow your body**

## **SLIDE TOGETHER, ROBOT MOVE, STEP OUT, STEP ¼ AND BOUNCE AROUND**

1 Slide right next to left

**Bring your left arm in front and your right arm to the back**

2 Step out on your right

**Hold your body backwards hold your arms like no. 1**

3 Turn ¼ left

**Keep your hands in front**

4 Hold

**Bend through your right knee and your body hanging to the side bring your right arm in front of your body and left arm backwards**

5 Hold

**Body roll to the left and make it bouncing and finish the body roll until count 8**

6 Hold

7 Hold

& Stand on both legs

**Put your right shoulder up**

8 Stomp left next to right

**Bring your left shoulder up & bring your right shoulder down**

## **REPEAT**

## **TAG**

**After 2 times you get a small break of 4 counts do whatever you want, but make it funky (free expression)**

## **TAG**

**After the 4th time your get a break of 32 counts make robot moves**

1 Step out on your right

2 Hold

3 Step out on your left

4 Hold

5 Step out on your right

6 ¼ turn to the left

7 Bend through your right knee and lean your body to the right

8 Slide your right next to your left

**This you do 4 times**

