

Do It Like This

Compte: 48

Mur: 2

Niveau: Improver

Chorégraphe: Maureen Jones (UK) & Michelle Jones (UK)

Musique: The Twist - Ronnie McDowell



STEP, ¼ TURN, STEP, HOLD, ¼ TURN IN HEEL TWISTS, HOLD

- 1-2 Step right forward, pivot ¼ turn left
- 3-4 Step right forward, hold
- 5-8 On balls of feet twist heels right, left, right making ¼ turn left, hold

STEP, ¼ TURN, STEP, HOLD, ¼ TURN IN HEEL TWISTS, HOLD

- 9-10 Step left forward, pivot ¼ turn right
- 11-12 Step left forward, hold
- 13-16 On balls of feet twist heels left, right, left making ¼ turn right, hold

WALK, CLAP, WALK, CLAP, WALKS, HOLD

- 17-18 Step left forward, hold and clap
- 19-20 Step right forward, hold and clap
- 21-24 Walk forward right, left, right, hold

Bend knees slightly during counts 17-24

BACK, TOUCH & CLAP, BACK, TOUCH & CLAP, FORWARD, TOUCH & CLAP, FORWARD, TOUCH & CLAP

- 25-26 Step right diagonally back right, touch left beside right and clap hands by right hip
- 27-28 Step left diagonally back left, touch right beside left and clap hands by left hip

Bend body forward during counts 25-28

- 29-30 Step right diagonally forward right, touch left beside right and clap hands by right shoulder
- 31-32 Step left diagonally forward left, touch right beside left and clap hands by left shoulder

Bend body slightly back during counts 29-32

STEP, ½ PIVOT, STEP, ½ PIVOT, STOMPS, SLAPS

- 33-34 Step right forward, pivot ½ turn left
- 35-36 Step right forward, pivot ½ turn left
- 37-38 Stomp right forward, stomp left beside right (shoulder width apart)
- 39-40 Slap right hand onto right hip, slap left hand onto left hip

Keep hands on hips throughout counts 41-48

½ PADDLE TURN WITH HEEL TWISTS

- 41-42 Touch right toe right (heel facing inwards), twist right heel outwards (pushing hips right) and make 1/8 turn left on ball of left foot
- 43-44 Repeat steps 41-42
- 45-46 Repeat steps 41-42
- 47-48 Repeat steps 41-42

REPEAT
