

Don't Stop Shakin'

Compte: 36

Mur: 3

Niveau: Improver

Chorégraphe: Glynn Rodgers (UK)

Musique: Fire - Babyface & Des'ree



Start On The Word "Car"

SCUFF, HITCH, STEP, HIP BUMPS WITH SHOULDER PUSHES, ROCK, SHUFFLE TURN

- 1&2 Scuff right foot forward, hitch right knee, step slightly forward right
- 3&4 Bump hips - right-left-right, for each hip bump push the same shoulder as hip upwards
- 5-6 Rock forward left, recover weight onto right
- 7&8 Shuffle half turn left stepping - left-right-left

KICK & POINT, TOE STRUT, KICK & POINT, TOE STRUT

- 1&2 Kick right foot forward, step right to place, point left to left side
- 3-4 Touch left toe forward, drop heel
- 5&6 Kick right foot forward, step right to place, point left to left side
- 7-8 Touch left toe forward, drop heel

SIDE STEPS WITH HEEL HINGES, SHUFFLE BACK TWICE

- 1-2 Step right to right side turning left heel towards right foot and tap left heel
- 3-4 Step left to left side turning right heel towards left foot and tap right heel
- 5&6 Shuffle back - right-left-right
- 7&8 Shuffle back - left-right-left

ROCK BACK, SHUFFLE, HIP SHAKE WALKS

- 1-2 Rock back right, recover weight onto left
- 3&4 Shuffle forward - right-left-right
- 5&6 Step forward left bumping hips - forward-back-forward
- 7&8 Step forward right bumping hips - forward-back-forward

CHASSE, BACK ROCK

- 1&2 Chasse to the side - left-right-left
- 3-4 Rock back right, recover weight onto left

REPEAT
