

# Don't Stop Movin'

Compte: 32

Mur: 2

Niveau: Beginner

Chorégraphe: Cathy Ryan (IRE)

Musique: Don't Stop Movin' - S Club 7



## SYNCOPATED OUT OUT IN IN, ROLL HIPS RIGHT, ½ TURN RIGHT WITH 3 JUMPS

- 1-3 Right foot out to right side, left foot out to left side, hold  
&4 Right foot in, left foot in beside right  
5-6 Roll hips to the right (optional hip or body roll)  
7&8 ½ turn to right jump 3 times with feet together (face back wall)

## HITCH STEP SLIDE X 4

- &1-2 Hitch right foot on &, step back on right (diagonally right), slide left foot to right  
&3-4 Hitch left foot on &, step back on left (diagonally left), slide right foot to left  
&5-6 Hitch right foot on &, step back on right (diagonally right), slide left foot to right  
&7-8 Hitch left foot on &, step back on left (diagonally left), slide right foot to left

Easier version of above is to take out the hitch and just do 4 step touches going backwards

## ¼ TURN RIGHT WITH EXTENDED CHASSE, ¼ TURN LEFT WITH EXTENDED CHASSE

- 1&2&3&4 ¼ turn to right (keeping right foot in front): right, left, right, left, right, left, right  
5&6&7&8 ¼ turn to left (keeping left foot in front): left, right, left, right, left, right, left (facing back wall)

Optional arms - lasso, rolling fists, index fingers 'shooting' to side

## ½ TURN RIGHT GOING BACK (WITH HOLD & SNAPS) TWICE, FULL TURN RIGHT IN PLACE

- 1-2 On ball of left pivot ½ turn right stepping forward with right, hold weight on right & snap fingers  
3-4 On ball of right pivot ½ turn right with left, hold weight on left & snap fingers  
5-8 Full turn right in place with right, left, right, left

REPEAT

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