

Down & Dirty

Compte: 24

Mur: 4

Niveau: Beginner

Chorégraphe: Unknown

Musique: Big Heart - The Gibson Miller Band



Two variations of this dance are widely done

1.) The dance starts on the "Reggae" steps.

2.) The Reggae steps are done first to the left, then twice to the right.

If you travel around a lot, be ready to accommodate these differences with a smile because the dance is great to do in any case!

ROCK STEPS:

1-4 Weight on left foot, begin with right foot rock forward then return weight to left foot. Step right foot back to rock backward, then return weight to left foot.

1-¼ PIVOT TURNS - 3 LEFT PIVOT TURNS AND STOMP/CLAP:

5-12 Step forward on right foot then change weight to left foot and make a ½ turn to the left. Step forward on right foot then change weight to left foot and make a ½ turn to the left. Step forward on right foot then change weight to left foot and make a ¼ turn to the left. Stomp with right foot, then clap and hold for last count while shift weight to left to get ready for the reggae steps.

REGGAE RIGHT - STEP RIGHT, WIGGLE, BRING LEFT NEXT TO RIGHT:

13-16 Step right foot to side for two beats, wiggle, bring left foot beside right on third beat, wiggle/hold on 4.

REGGAE LEFT TWICE - STEP LEFT, WIGGLE, BRING RIGHT NEXT TO LEFT:

17-20 Step left foot to side for two beats, wiggle. Bring right foot beside left, wiggle/hold on 4.

21-24 Step left foot to side for two beats, wiggle. Bring right foot beside left, wiggle/hold on 4.

REPEAT
