

Eastbound

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Bodil Lilholt Kristensen (DK)

Musique: East Bound and Down - Jerry Reed



SHUFFLE FORWARD, ROCK STEP, SHUFFLE BACK, ROCK STEP

- 1&2 Step forward on right, step left beside right, step forward right
- 3-4 Rock forward left, recover on right
- 5&6 Step back on left, step right beside right, step back on left
- 7-8 Rock back on right, recover on left

CROSS SHUFFLE LEFT, SIDE ROCK, CROSS SHUFFLE RIGHT, SIDE ROCK

- 1&2 Cross right over left, step left to left side, cross right over left
- 3-4 Rock to the left on left, recover on right
- 5&6 Cross left over right, step right to right side, cross left over right
- 7-8 Rock to the right on right, recover on left

SHUFFLE FORWARD, FULL TURN RIGHT, SHUFFLE FORWARD, ROCK STEP

- 1&2 Step forward on right, step left beside right, step forward on right
- 3-4 Make ½ turn right stepping back on left, make ½ turn right stepping forward on right
- 5&6 Step forward on left, step right beside left, step forward left
- 7-8 Rock forward on right, recover on left

COASTER STEP, ROCK STEP, COASTER ¼ TURN, WALK TWICE, RIGHT, LEFT

- 1&2 Step back on right, step left beside right, step forward right
- 3-4 Rock forward on left, recover on right
- 5&6 Step back left turning ¼ to the left, step right beside left, step forward on left
- 7-8 Walk forward right, walk forward left

REPEAT
