

East Meets West

Compte: 64

Mur: 4

Niveau: Intermediate

Chorégraphe: Frank Cooper (CAN)

Musique: Canadian Man - Paul Brandt



LADIES WEST COAST SUGAR PUSH, TOE POINTS, LADIES EAST COAST ½ TURN RIGHT, KICK BALL CHANGE

- 1-6 Step forward on right foot, step forward on left foot, lock right foot behind left foot, step slightly forward on left foot, step back on right foot, step back on left foot, step together with right foot, step forward on left foot
- 7&8 Point right toe to right side, bring right foot home, point left toe to left side
- 8&9-14 Bring left foot home shuffle forward stepping right, left, right, shuffle ½ turn right while stepping left, right, left, rock back on right foot, recover onto left foot
- 15&16 Kick forward with right foot, rock back with ball of right foot, recover weight forward to left foot
- 17-32 Repeat counts 1-16

SYNCOPATED VINE RIGHT AND LEFT

- 33-36 Step right foot to right side, step left foot behind right foot, step right foot to right side, step left foot over right, step right foot to right side
- 37-40 Step left foot to left side, step right foot behind left foot, step left foot to left side, step right foot over left, step left foot to left side

¼ TURN HEEL SWIVELS TO THE LEFT

- 41-42 Touch right toe forward with heel in, make a ¼ turn to the left while swiveling right heel out and stepping forward on left foot
- 43-48 Repeat counts 41-42 three more times to make a full turn to the left

SIDE SHUFFLE TO RIGHT, ROCK STEP, SIDE SHUFFLE TO LEFT, ROCK STEP

- 49-52 Step right foot to right side, step left foot beside right, step right foot to right side, rock back on left foot, recover forward on right
- 53-56 Step left foot to left side, step right foot beside left, step left foot to left side, rock back on right foot, recover forward on left

KICK BALL CHANGE, BIG STEP FORWARD, KICK BALL CHANGE, BIG STEP FORWARD ¼ TURN

- 57-58 Kick forward with right foot, rock back with ball of right foot, recover weight forward to left foot
- 59-60 Take a big step forward on right foot, slide left foot up to right with a slight toe brush turning body on a slight angle to the left
- 61-62 Kick forward with left foot, rock back with ball of left foot, recover weight forward to right foot
- 63-64 Take a big step forward on left foot making a ¼ turn right, slide right foot up to left with a slight toe brush

REPEAT
