

Dynamo

Compte: 48

Mur: 4

Niveau: Intermediate/Advanced



Chorégraphe: Marilyn Morgan (USA)

Musique: A Day In The Life - River Road

- 1-2 Stomp right foot twice
- 3 Touch right toe to right side
- 4 Make ½ turn to right on ball of left foot and step right beside left
- 5-6 Touch left toe to left side; close
- 7&8 Right kick ball-change

- 1&2 Shuffle forward right-left-right
- 3-4 Rock forward left; recover back right
- 5&6 Shuffle backward left-right-left
- 7-8 Step right foot back making ½ turn right; step left beside right

HEEL/TOE SWIVELS TRAVELING LEFT

- 1 With weight on right toe and left heel move toes out
- 2 With weight on left toe and right heel move toes in
- 3 With weight on right toe and left heel move toes out
- 4 With weight on left toe and right heel move toes in

TRAVELING RIGHT

- 5 With weight on left toe and right heel move toes out
- 6 With weight on right toe and left heel move toes in
- 7 With weight on left toe and right heel move toes out
- 8 With weight on right toe and left heel move toes in

SCISSORS

- 1 Step left behind right
- &2 Step right to right side (&); cross left over right (2)
- &3 Step right to right side (&); extend left heel forward (3)
- &4 Step left to left side (&); cross right over left (4)
- &5 Step left to left side (&); extend right heel forward (5)
- 6 Brushing foot against floor, kick right foot back (bending knee), while turning ¼ to left on left foot
- 7&8 Right kick ball-change

- 1-2 Kick right foot forward twice
- 3-4 Cross right foot over left; unwind ½ turn to left
- 5&6 Shuffle left-right-left to left side
- 7-8 Rock back right; recover forward left

- 1&2 Shuffle right-left-right to right side
- 3-4 Rock back left; recover forward right
- 5-7 Walk forward left, right, left
- 8 Kick right foot forward

REPEAT