

# Eternal Flame

**Compte:** 36

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** The Hedgehogs (UK)

**Musique:** Eternal Flame - Atomic Kitten



## ROCK AND CROSSES, JUMP BACK, CROSS SHUFFLE

- 1&2 Rock right to right, rock weight on to left, cross right over left  
3&4 Rock left to left, rock weight on to right, cross left over right  
&5-6 Jump back feet shoulder width apart right, left, hold  
7&8 Cross right over left, step left to left, cross right over left

## ROCK STEP, TURNING SHUFFLE, ROCK STEP, COASTER STEP

- 9-10 Step left to left, rock weight onto right making a  $\frac{1}{4}$  turn right  
11&12 Make a full turn to right stepping left, right, left  
**Or shuffle forward left, right, left without turns**  
13-14 Rock right forward, rock back on left  
15&16 Step back on right, step left together, step right forward

## STEP PIVOT, SHUFFLE, KICK BALL STEP KICK BALL TOUCH

- 17-18 Step left forward, pivot  $\frac{1}{2}$  turn right  
19&20 Shuffle forward left, right, left  
21&22 Kick right forward, step on ball of right next to left, step left forward  
23&24 Kick right forward, step on ball of right next to left, touch left backwards

## HEEL SWIVELS WITH $\frac{1}{2}$ TURN LEFT, KICK BALL STEP, KICK BALL TOUCH

- &25&26 With knees slightly bent, swivel on balls of both feet to right, left, right, left  
&27&28 Repeat steps &25-26  
**During steps & 25 to 28, you will be making a  $\frac{1}{2}$  turn in total to the left**  
29&30 Kick right forward, step on ball of right next to left, step left forward  
31&32 Kick right forward, step on ball of right next to left, touch left backwards

## HEEL SWIVELS WITH $\frac{1}{2}$ TURN LEFT

- &33&34 With knees slightly bent, swivel on balls of both feet to right, left, right, left  
&35&36 Repeat steps & 33-34  
**During steps & 33 to 36, you will be making a  $\frac{1}{2}$  turn in total to the left**

## REPEAT

On the heel swivels (&25-28 and &33-36), hold hands in front as if holding a guitar (left palm facing forward, right palm facing your body) and swing arms right, left, right, left in time with your heel swivels.

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