

Estoy Aquí

Compte: 48

Mur: 2

Niveau: Intermediate

Chorégraphe: DJ Dan (NL) & Wynette Miller (NL)

Musique: Estoy Aquí - Shakira



HEEL FORWARD, TOE BACK, SHUFFLE, ROCK STEP, COASTER STEP

- 1-2 Touch right heel forward, touch right toe back
- 3&4 Shuffle forward stepping right, left, right
- 5-6 Rock left forward, recover weight on right
- 7&8 Step left back, step right next to left, step left forward

RIGHT & LEFT HEEL SWITCHES, SHUFFLE, TWICE

- 1& Touch right heel forward, step right next to left
- 2& Touch left heel forward, step left next to right
- 3&4 Shuffle forward stepping right, left, right
- 5& Touch left heel forward, step left next to right
- 6& Touch right heel forward, step right next to left
- 7&8 Shuffle forward stepping left, right, left

SYNCOPATED VINE, KICK, SAILOR STEP, TOUCH BEHIND, UNWIND ½ TURN LEFT

- 1-2 Step right to right side, cross left behind right
- &3-4 Step right to right side, cross left over right, kick right diagonal right
- 5&6 Cross right behind left, step left to left side, step right to right side
- 7-8 Touch left behind right, unwind ½ turn left (weight ends on left)

SIDE, CLAP, TOGETHER, SIDE, CLAP, ROCK STEP, COASTER STEP

- 1-2 Step right to right side, clap hands
- &3-4 Step left next to right, step right to right side, clap hands
- 5-6 Rock left forward, recover weight on right
- 7&8 Step left back, step right next to left, step left forward

POINT, CROSS, UNWIND ½ TURN LEFT, HOOK, SHUFFLE, STEP, PIVOT ½ TURN LEFT

- 1-2 Point right to right side, cross-touch right toe over left
- 3-4 Unwind ½ turn left (weight ends on right), hook left heel in front of right shin
- 5&6 Shuffle forward stepping left, right, left
- 7-8 Step right forward, pivot ½ turn left (weight ends on left)

ROCK STEP, ½ TURN RIGHT, ½ TURN RIGHT, SHUFFLE BACK, STEP, MAMBO STEP

- 1-2 Rock right forward, recover weight on left
- 3 Make on ball of left ½ turn right stepping forward on right
- 4 Make on ball of right ½ turn right stepping back on left
- 5&6 Shuffle back stepping right, left, right
- 7&8 Rock left back, recover weight on right, step left forward

REPEAT