

Escape

Compte: 0

Mur: 2

Niveau: Intermediate



Chorégraphe: Carolyn Robinson (USA) & Rick Robinson (USA)

Musique: Escape (The Pina Colada Song) - Rupert Holmes

Sequence: AAB AAB AAB AA

SECTION A

RIGHT MAMBO FORWARD; LEFT MAMBO BACK; RIGHT SIDE TRIPLE; full turn TURN RIGHT; SIDE POINT LEFT

- 1&2 Step right forward, step left in place, step right beside left
- 3&4 Step left back, step right in place, step left beside right
- 5&6 Side step right, step left beside right, side step right
- 7&8 Cross left over right turning ½ right, step right ½ right to complete full turn turn, point left toe left

SWEEP LEFT ½ TURN LEFT; RIGHT MAMBO BACK; STEP LEFT; RIGHT STEP-LOCK-STEP; ROCK & ¼ LEFT

- 1 Sweep left toe ½ turn behind right stepping on left
- 2&3 Step right back, step left in place, step right beside left
- 4 Step left forward
- 5&6 Step right forward, lock step left behind right, step right forward
- 7&8 Rock left forward, recover right, step left ¼ left (facing 3:00 wall)

TOUCH & TOUCH; ROCK & ½ RIGHT; WALK, WALK; STEP-TURN ½ LEFT-STEP

- 1&2 Touch right beside left, point right, touch right beside left
- 3&4 Rock right forward, recover left, turn ½ right on right (facing 9:00 wall)
- 5-6 Step left forward, step right forward
- 7&8 Step left forward, pivot ½ right, step left forward (facing 3:00 wall)

SWAY RIGHT-LEFT-RIGHT; SWAY LEFT-RIGHT-LEFT; ROCK & ¼ RIGHT; CROSS & CROSS

- 1&2 Sway hips right, sway hips left, sway hips right
- 3&4 Sway hips left, sway hips right, sway hips left
- 5&6 Rock right forward, recover left; side step right ¼ right (facing 6:00 wall)
- 7&8 Cross left over right, side step right, cross left over right

SECTION B

CHA-CHA; LEFT SIDE TRIPLE; ROCK & ½ TURN RIGHT; STEP RIGHT; QUICK STEP LEFT

- 1-3 Side step right, step left forward, step right in place
- 4&5 Side step left, step right beside left, side step left
- 6-7 Rock right forward, recover left
- 8& Step right ½ turn right, step left (facing 6:00 wall), side step right

CHA-CHA; LEFT SIDE TRIPLE; ROCK/RECOVER ½ TURN RIGHT; STEP RIGHT; QUICK STEP LEFT

- 2-3 Step left forward, step right in place
- 4&5 Side step left, step right beside left, side step left
- 6-7 Rock right forward, recover left
- 8& Step right ½ turn right, step left (facing 12:00 wall)