

Femme Like U

Compte: 32

Mur: 4

Niveau: Improver cha cha

Chorégraphe: Sophie Archimbaud-Bucaille (FR)

Musique: Femme Like U - K.Maro



STEP BACK RIGHT- STEP BACK LEFT - STEP BACK RIGHT - LEFT SHUFFLE BACK - ROCK BACK - ½ TURN SHUFFLE RIGHT

- 1-2-3 Step back right - step back left - step back right
4&5 Left shuffle back (left-right-left)
6-7 Rock back onto right - replace weight onto left
8&1 On left foot, make ½ turn left with right shuffle back (right-left-right)

STEP BACK LEFT - STEP BACK RIGHT - LEFT SHUFFLE BACK - ROCK BACK - ½ TURN SHUFFLE RIGHT

- 2-3 Step back left - step back right
4&5 Left shuffle back (left-right-left)
6-7 Rock back onto right - replace weight onto left
8&1 On left foot, make ½ turn left with right shuffle back (right-left-right)

LEFT SWEEP ½ TURN - LEFT SHUFFLE FORWARD - RIGHT SWEEP ½ TURN - RIGHT SHUFFLE TO RIGHT

- 2-3 Sweep left foot from front to back - ½ turn left and touch left foot beside right
4&5 Left shuffle forward
6-7 Sweep right foot from back to front - ½ turn left and touch right foot beside left
8&1 Right shuffle to right side (right-left-right)

LEFT BREAK STEP - ¼ TURN LEFT SHUFFLE - BREAK STEP - RIGHT SHUFFLE BACK

- 2-3 Rock forward onto left foot - replace weight onto right
4&5 Turn ¼ left and left shuffle forward
Alternative: ¼ turn left and step left foot forward - ½ turn left and step right back - ½ turn left and step left forward
6-7 Rock forward onto right foot - replace weight onto left foot
8&(1) Right shuffle back right-left-right

The last step of the shuffle is in fact the first step of the dance "step right back"

REPEAT

TAG

After 4 walls (facing front)

- 1-8 Just do what you want during 8 counts

And start over on count 1 (step back right)
