

Feel The Rush

Compte: 48

Mur: 2

Niveau: Intermediate



Chorégraphe: Dee Musk (UK)

Musique: Feel the Rush - Liberty X

BALL CROSS ¼ TURN LEFT, ¼ TURN LEFT WITH HIP BUMPS, SYNCOPATED WEAVE LEFT, WITH HEEL SPLITS

- &1-2 Step left next to right, cross right over left, make a ¼ turn left stepping forward on left
- &3&4 Make a ¼ turn left stepping right foot to right side, bumping hips right, left, right
- &5&6 Step left next to right, (traveling to the left), cross right over left, step left to left side, cross right behind left
- &7&8 Step left to left side, step right in front of left, split heels out, then in

HITCH, RIGHT COASTER, STEP, SIDE TOE SWITCHES, STEP, CROSS, ¼ TURN LEFT, STEP ½ PIVOT LEFT, TOUCH

- &1&2 Hitch right knee, step back on to the right, together with left, step forward on the right
- &3&4 Step left next to right, touch right toe out to right side, step right next to left, touch left toe out to left side
- &5-6 Step left next to right, cross right over left, make a ¼ turn left, stepping left forward
- 7&8 Step right foot forward, make a ½ turn over your left shoulder, touch right next to left

FUNKY WALKS FORWARD, RIGHT ROCK RECOVER STEP, ½ TURN LEFT, ½ TURN LEFT, LEFT LOCK STEP

- 1-2 (With attitude), walk, right, left
- 3&4 Rock forward on to right, recover weight to the left, step right foot back
- 5-6 Make a ½ turn over your left shoulder stepping left foot forward, continue turning a further ½ turn left, stepping right foot back, (weight is on right)
- 7&8 Step forward left, lock right behind left, step forward left

¼ TURN RIGHT, SKATE RIGHT, SKATE LEFT, RIGHT VAUDEVILLE, & CROSS UNWIND ¾ TURN RIGHT, RIGHT FLICK BALL STEP

- 1-2 Make a ¼ turn right, skate right, then left
- 3&4 Cross right over left, step left to left side, touch right heel forward
- &5-6 Step right next to left, cross left over right, unwind ¾ turn right, (weight on left)
- 7&8 Flick right foot forward, step right next to left, step left foot forward

STEP ½ TURN LEFT, ¼ LEFT WITH RIGHT ROCK & CROSS, LEFT ROCK & CROSS, RIGHT CHASSE

- 1-2 Step right forward, make a ½ turn left
- 3&4 Make a ¼ turn left, rock right to right side, recover weight to left, cross right over left
- 5&6 Rock left to left side, recover weight to right, cross left over right
- 7&8 Step right to right side, step left next to right, step right to right side

¼ TURN LEFT, ¼ TURN LEFT, SAILOR STEP, 4 X ¼ TURNS RIGHT

- 1-2 Make a ¼ turn left, stepping left to left side, make a ¼ turn left, stepping right to right side
- 3&4 Step left behind right, step right to right side, step left in place
- 5& Make ¼ turn right stepping on right, step ball of left behind right
- 6& Make ¼ turn right stepping on right, step ball of left behind right
- 7& Make ¼ turn right stepping on right, step ball of left behind right
- 8 Make a ¼ turn right, stepping right next to left, (weight on right)

REPEAT

RESTART

On wall 2, dance up to count 40 then start the dance again
