

Feel The Beat

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Alan Robinson (UK)

Musique: I Feel a Heartache - Danni Leigh



KICK BALL CHANGE, TRIPLE, ROCK BACK, KICK BALL CHANGE

- 1&2 Kick right forward, step onto right, exchange weight onto left
- 3&4 Step right to right, bring left next to right, step right to right
- 5-6 Rock back onto left, replace weight onto right
- 7&8 Kick left forward, step onto left, exchange weight onto right

SYNCOPATED GRAPEVINE WITH TURN, PIVOT $\frac{1}{2}$, PIVOT $\frac{1}{4}$

- 9-10 Step left to left, step right behind left
- 11&12 Shuffle turning $\frac{1}{4}$ left stepping to left on left, bring right next to left, step on left
- 13-14 Step forward on right, pivot $\frac{1}{2}$ turn left
- 15-16 Step forward on right, pivot $\frac{1}{4}$ turn left

JAZZ BOX, TRAVELING KICK BALL CROSSES

- 17-18 Bring right across left, step back on left
- 19-20 Step right to right, bring left next to right putting weight on left
- 21&22 Kick right forward, step right to right, cross left across right
- 23&24 Kick right forward, step right to right, cross left across right

ROCK OUT, TRIPLE CROSS, ROCK OUT, SHUFFLE

- 25-26 Rock out to right on right, replace weight on left
- 27&28 Cross right over left, step on left, cross right over left
- 29-30 Rock out to left on left, replace weight onto right turning $\frac{1}{4}$ right
- 31&32 Step forward on left, bring right next to left, step forward on left

REPEAT
