

Fool No More

Compte: 48

Mur: 4

Niveau: Intermediate

Chorégraphe: Gary Steele (UK) & Angela Palmer (UK)

Musique: Fool No More - S Club 8



1&2	Kick forward on the right, ball-step left forward
3&4	Point right to right side, bring right together, point left to side
5&6	Kick forward on the left, ball-step right forward
7&8	Point left to left side, bring left together, point right to side
1-2	Rock right out to side, recover
3&4	Behind-side cross
5-6	Side left, bring right together
7&8	Chasse to left making a ¼ turn to the left
1-2	Step forward on right, ½ pivot over left shoulder
3&4	Shuffle forward on the right
5&6	Heel dig with left, bring left together, heel dig right
&7	Bring right together, heel dig left
8	Clap hands
1&2	Sailor left
3&4	Sailor right
5-6	Left toe dig behind right, unwind ½ turn over left shoulder
7&8	Crossing shuffle with the right
1-2	Body roll to the left, touch right next to left
3-4	Body roll to the right, touch left next to right
5-6	Step left diagonally forward, bring right together and touch
7-8	Step right diagonally forward, bring left together and touch
1-2	Rock forward on the left, recover
3-4	Two moonwalks back (left, right)
5&6	Coaster left
7&8	Two walks forward right left

REPEAT

RESTART

On the 6th wall (9:00) near the end of the dance you will do your left coaster and then you will walk forward right. On the '&' count bring left foot next to right so you can restart the dance again

ALTERNATIVES

Instead of a behind-side cross, you can do a full turn cha-cha. On the moonwalks back you can just walk back for 2. With the body rolls you can just step to the side and touch