

# Fly And Fall

Compte: 48

Mur: 4

Niveau: Intermediate/Advanced

Chorégraphe: Ross Brown (ENG)

Musique: Everytime (Hi-Bias Radio Remix) - Britney Spears



## ROCK & CROSS, ROCK & CROSS, SIDE CHASSE, ¾ TURN OVER TWO STEPS

- 1&2 Rock right to the right, recover onto left, cross step right over left
- 3&4 Rock left to the left, recover onto right, cross step left over right
- 5&6 Step right to the right, bring left up to right, step right to the right
- 7-8 Step left turning ¼ to the left, step back onto right turning ½ left

## STEP & STEP, TOUCH, MODIFIED MONTEREY TURN

- 1-2& Step forward with left, hold, step right next to left
- 3-4 Step forward with left, touch right next to left
- 5-6 Point right to the right, place right next to left turning a ¼ right
- 7&8 Rock left to the left, recover onto right, cross step left over right

## ¾ TURN OVER TWO STEPS, SHUFFLE FORWARD, ROCK FORWARD, COASTER STEP

- 1-2 Step back onto right turning a ¼ left, step forward onto left turning ½ left
- 3&4 Step forward with right, bring left up to right, step forward with right
- 5-6 Rock forward with left, recover onto right
- 7&8 Step back with left, step right next to left, step forward with left

## MAMBO FORWARD, MAMBO BACK, STEP, ½ PIVOT, STEP, ½ PIVOT

- 1&2 Rock forward with right, recover onto left, step back onto right
- 3&4 Rock back with left, recover onto right, step forward onto left
- 5-6 Step forward with right, pivot ½ left
- 7-8 Step forward with right, pivot ½ left

### Alternative: rocking chair

- 5-6 Rock forward with right, recover onto left
- 7-8 Rock back with right, recover onto left

## SCUFF FORWARD, SCUFF BACK, ½ TOE STRUT, ½ TOE STRUT, ½ TOE STRUT

- 1-2 Scuff forward with right, scuff back with left
- 3-4 Step forward onto right toe turning ½ right, place right heel
- 5-6 Step back onto left toe turning ½ right, place left heel
- 7-8 Step forward onto right toe turning ½ right, place right heel

## ROCK FORWARD, COASTER SCUFF, ROCK FORWARD, COASTER CROSS

- 1-2 Rock forward with left, recover onto right
- 3&4 Step back with left, step right next to left, scuff left forward
- 5-6 Rock forward with left, recover onto right
- 7&8 Step back with left, step right next to left, cross step left over right

## REPEAT

## TAG

At the end of wall two, do the following tag. To make it easier change steps 7&8 of the last section to the following

- 7&8 Step back with left, step right next to left, step forward with left

## COASTER CROSS CHANGE TO COASTER

- 1-2 Step forward with right, pivot ½ left

3-4 Step forward with right, pivot  $\frac{1}{2}$  left

**During wall five, after count 32 (mambo, mambo, step, pivot, step, pivot), do this tag once then restart the dance. You should be facing the 3:00 wall after you have done this tag**

1-2 Step forward with right, step left next to right turning a  $\frac{1}{4}$  right

3-4 Step back with right, step left next to right (feet shoulder width apart)

5-7 Repeat steps 1-3 of this tag

8 Cross step left over right

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