

First To Believe

Compte: 36

Mur: 4

Niveau: Intermediate

Chorégraphe: Craig Cooke (UK)

Musique: Be the First to Believe - A1



ROCK, SHUFFLE AND SAILOR STEPS

- 1&2 Rock back onto right forward onto left
- 3&4 Right shuffle forward
- 5&6 Step right behind left, step left to left side and step right foot forward
- 7&8 Step left behind right, steps right to right side and step left foot forward

HEEL SWITCHES, ROCKS AND CLAPS

- 9&10 Place right heel forward and bring back into place while changing weight to right foot, place left heel forward and bring back to place
- 11&12 Rock right to right side and touch besides left
- 13&14 Left heel forward, right heel forward
- 15&16 Rock left out to left side and bring back into place

HEEL SWITCHES, ROCKS AND CLAPS

- 17&18 Place right heel forward and bring back into place while changing weight to right foot, place left heel forward and bring back to place
- 19&20 Rock right to right side and touch besides left
- 21&22 Left heel forward, right heel forward
- 23&24 Rock left out to left side and bring back into place

SNAKE ROLLS FORWARD, SNAKE ROLLS TO SIDE & ¼ TURN TO THE RIGHT

- 25-26 Snake roll forward
- 27-28 Snake roll forward
- 29-30 Snake roll to the left
- 31-32 Snake roll to the right while making ¼ turn to the right side

While doing snake rolls use head as a guide

STREET WISE RUNNING MAN STEPS

- 33 Jump feet diagonally apart. Right foot forward left foot back
- & Jump feet together hitching left knee
- 34 Jump feet diagonally apart left foot forward and right foot back
- & Jump feet together hitching right knee
- 35 Jump feet diagonally apart, right foot forward and left foot back
- & Jump feet together (both feet on the floor)
- 36 Jump feet diagonally apart, right foot forward and left foot back

REPEAT
